

A SPECULATIVE PORTFOLIO CREATED
UNDER THE INSTRUCTION OF TREE,
MOUNTAINS AND ARTHROPODS

YUSHUO DING 2024

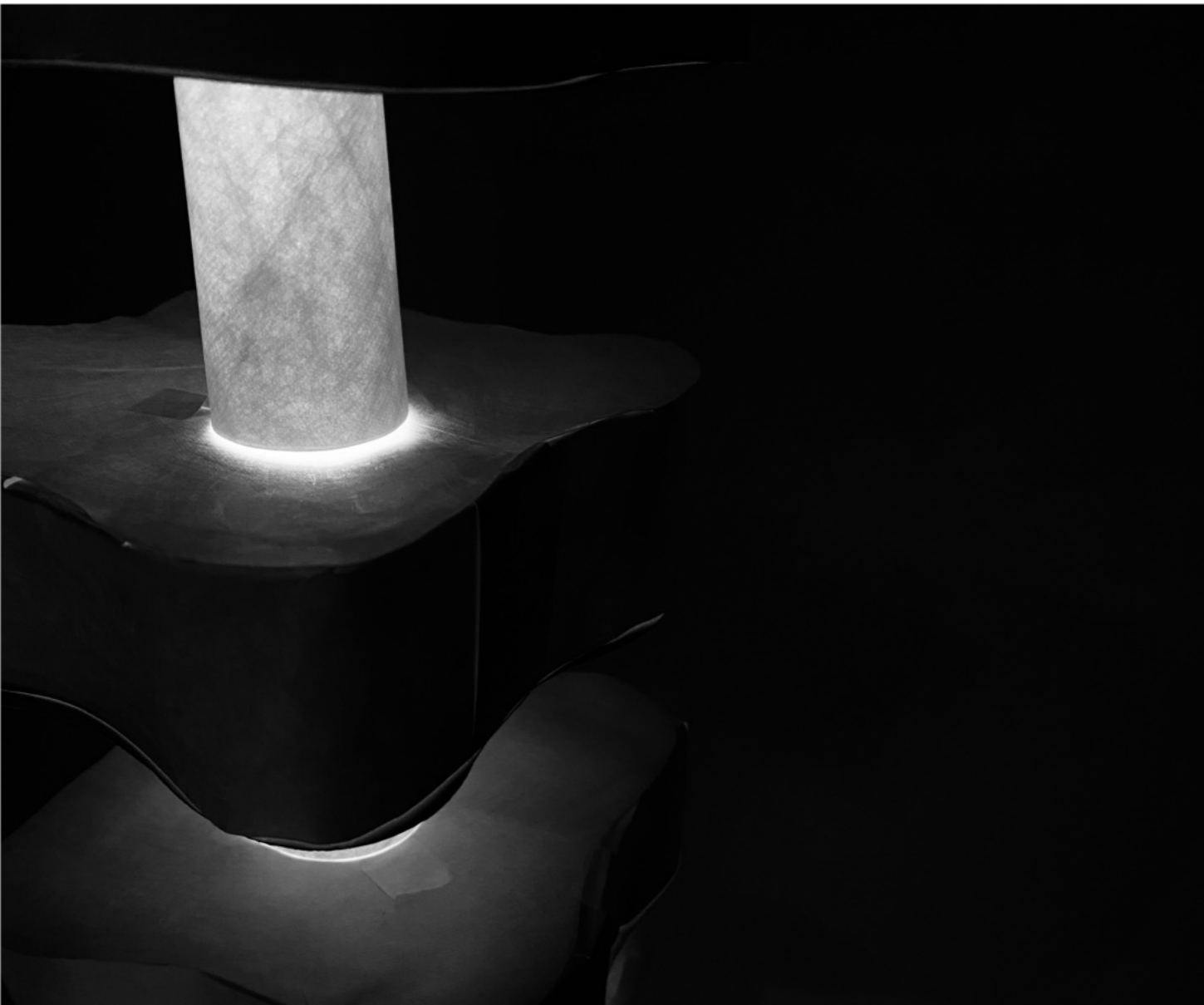
1

CONCRETE JUNGLE

INDEPENDENT PROJECT

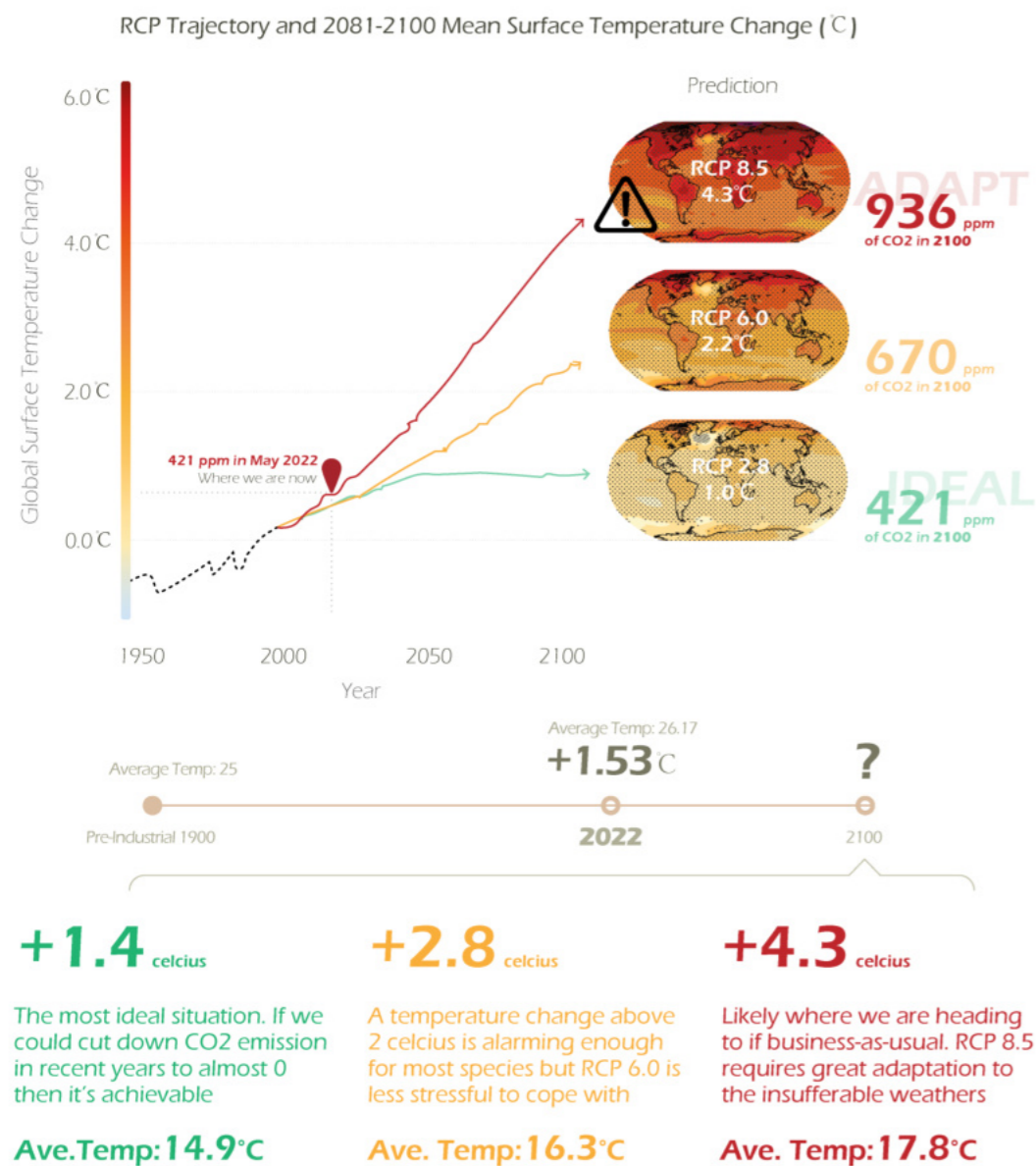
A Bionic Experiment Inspired by Xylem.
A Mistifier of the Urban Zone

Exterior Model Made of Dupont paper



BACKGROUND

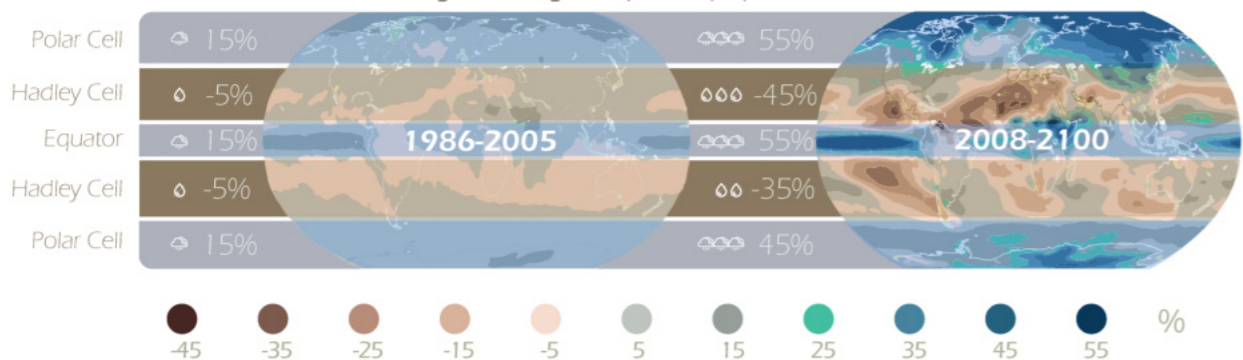
Representative Concentration Pathway (RCP)



PRECIPITATION

Deserts will experience increased aridity, high precipitation regions will face heightened flooding, and the temperature differentials between cold and warm areas will diminish.

1986-2005 & 2008-2100 Change in Average Precipitation (%)



CLIMATE CHANGE'S THREATS ON ANTHROPOGENIC ACTIVITIES

- Global decrease of low-latitude fisheries yields with a global trend to catches having smaller fishes
- Reduced growth and survival of commercially valuable shellfish and other calcifiers e.g. corals, calcareous red algae
- A general decrease on average crop yields and increases in yield variability
- Marine and terrestrial biodiversity loss
- Urban risks associated with water supply systems
- Urban risks associated with energy systems
- Urban risks associated with housing and displacement
- Declining work productivity, increasing mortality from exposure to heat waves. Particularly at risk are agricultural and construction workers, homeless people, children and women who have to walk long hours to collect water (AR5 IPCC)

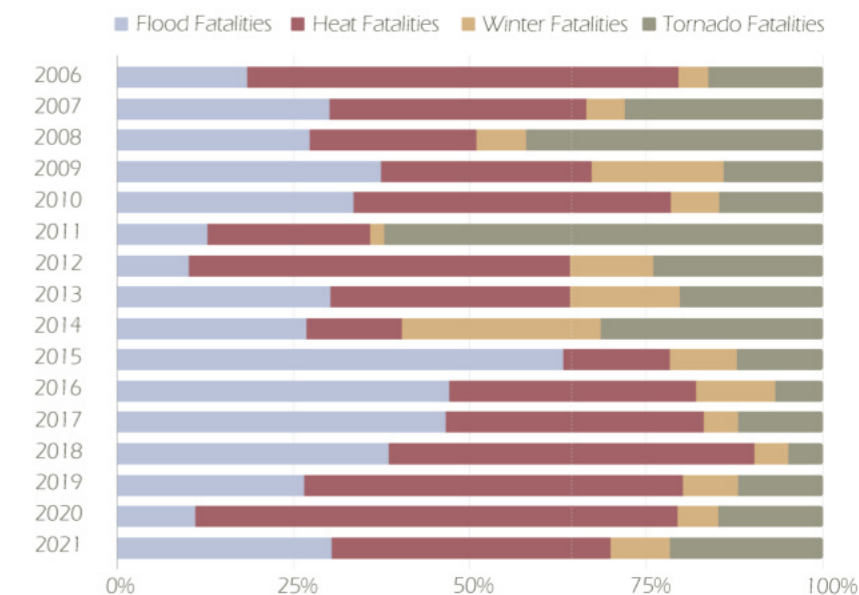
June 2022

Abnormal phenomenon and extreme weather become more imminent and frequent. We might not be able to alter them any time soon but still have time to adapt.



All these data points to POLARIZATION of climate behavior.

Fatalities of Four Natural Disasters from 2006 to 2021 in USA



13/16 Within these four common type of fatalities, the sum of Heat and Flood mortalities exceeds 65% of the overall fatalities for 13 years out of 16 years

URBAN HEAT ISLAND IN SAN DIEGO-TIJUANA REGION

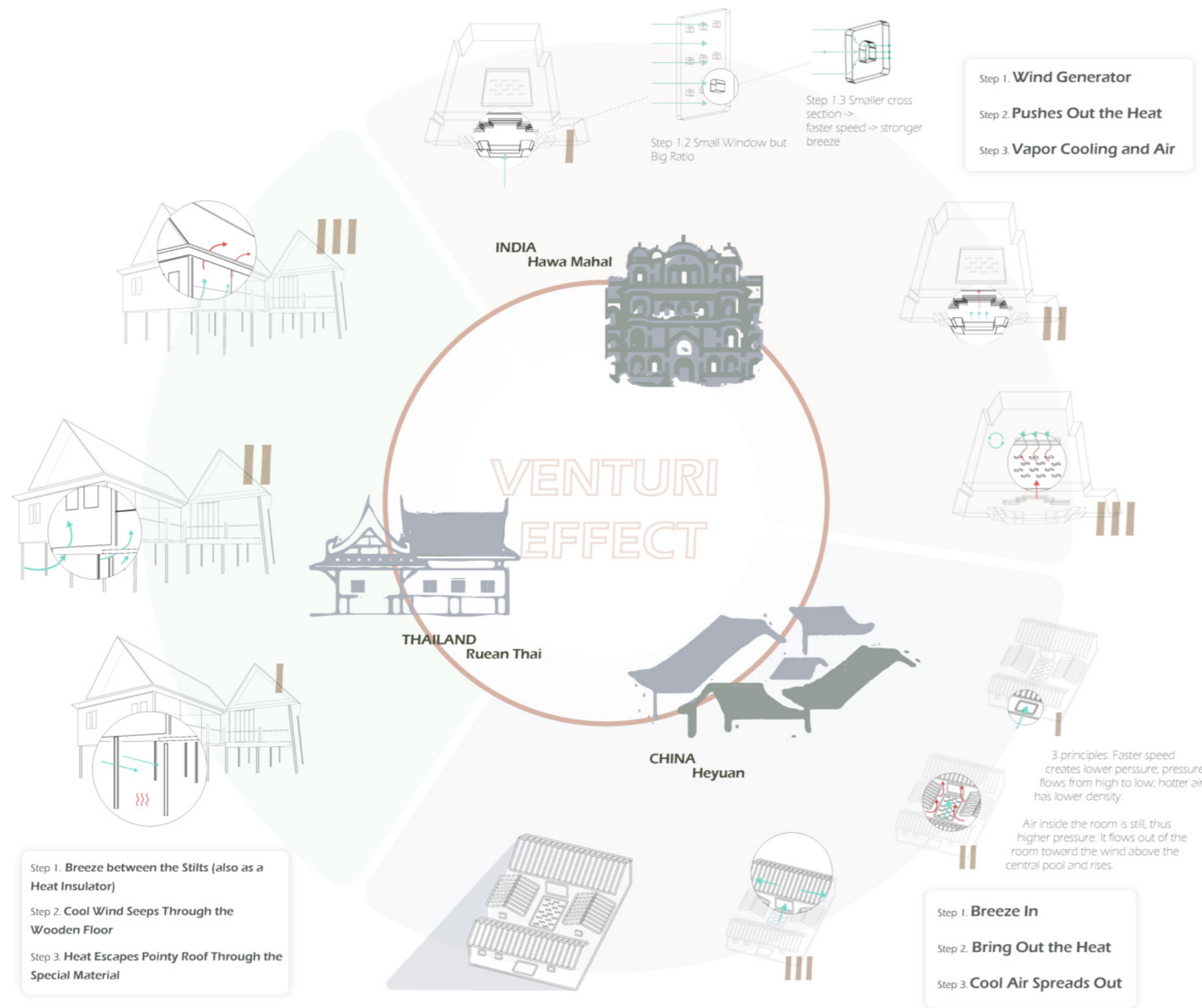
Urban Heat Island is defined as cities being warmer than the surrounding rural areas.



Utilizing regional temperature data from Climate Central and NASA, the map reveals that the Otay Mesa zone near the San Diego-Tijuana border exhibits high aridity and susceptibility to heat.

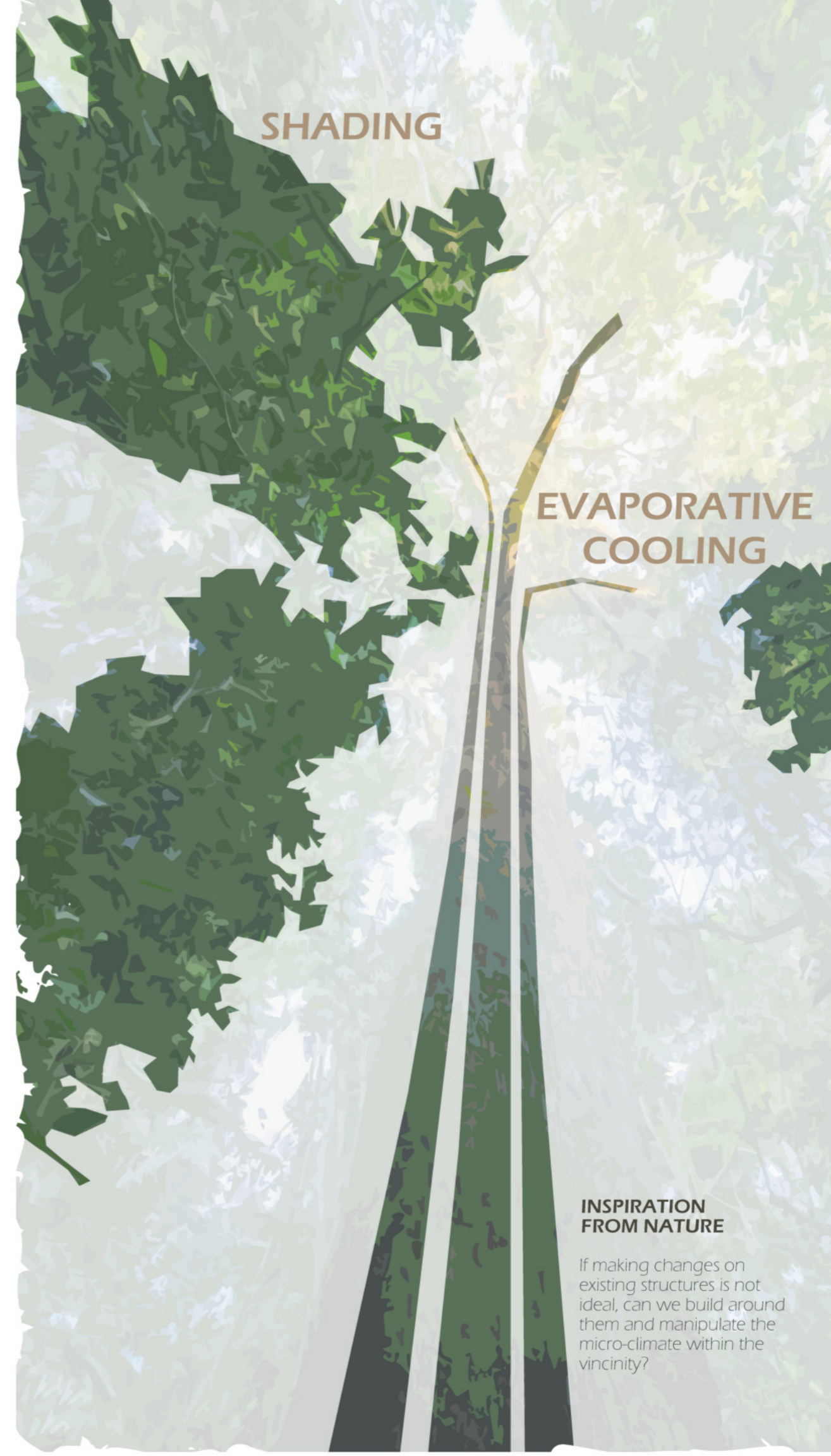
CASESTUDY

ADAPTATION OF TRADITIONAL ARCHITECTURE IN THE WARM REGION



A commonality shared by these traditional buildings is Venturi Effect, where wind speed increases with a narrowing cross-sectional area. Applying this principle to modern architecture can harness wind, cutting air-conditioning energy. Yet, optimal cooling involves vapor and robust air circulation. The project's aim is to reshape the micro-climate nearby. Unlike interior-focused circulation in the case study, this endeavor targets reducing external heat.

Inspired by the vegetation-Urban Heat Island correlation (Portland State Uni), the project aims to counter this by providing shade and promoting evapotranspiration. If successful, it could positively influence the microclimate, mitigating the Urban Heat Island's impact on vulnerable communities. To push the speculative one step further, if successfully design a promising material and appropriate planning, maybe recreational spaces or houses can be built using this system?



SHADING

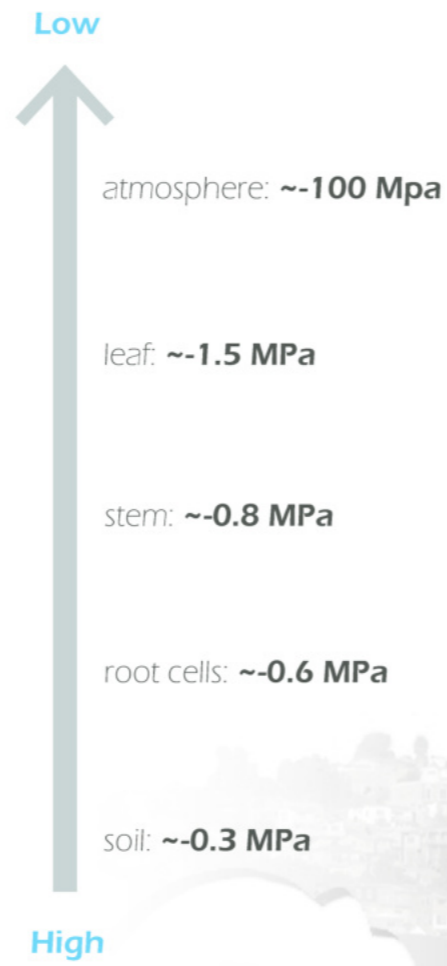
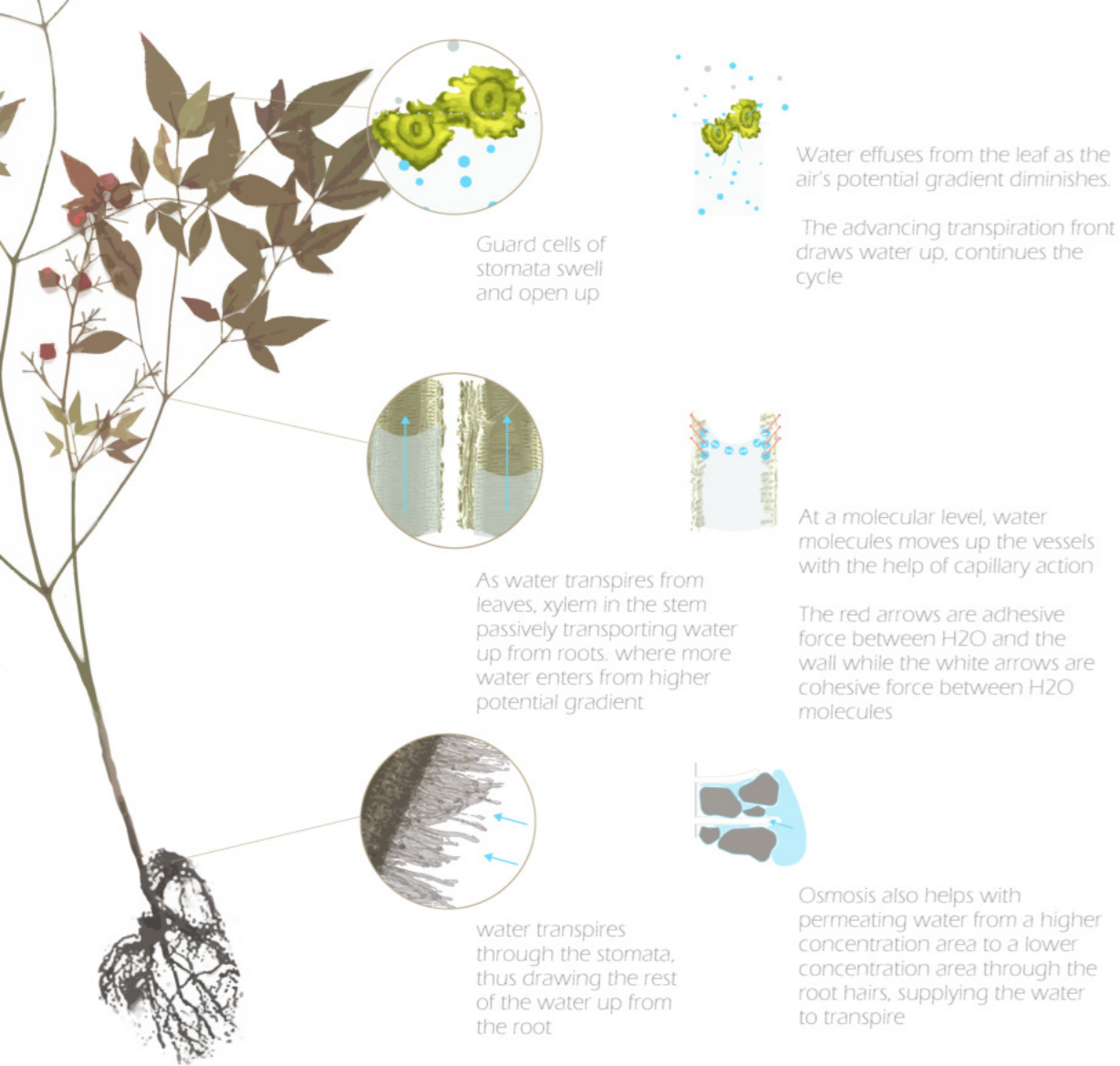
EVAPORATIVE COOLING

INSPIRATION FROM NATURE

If making changes on existing structures is not ideal, can we build around them and manipulate the micro-climate within the vicinity?

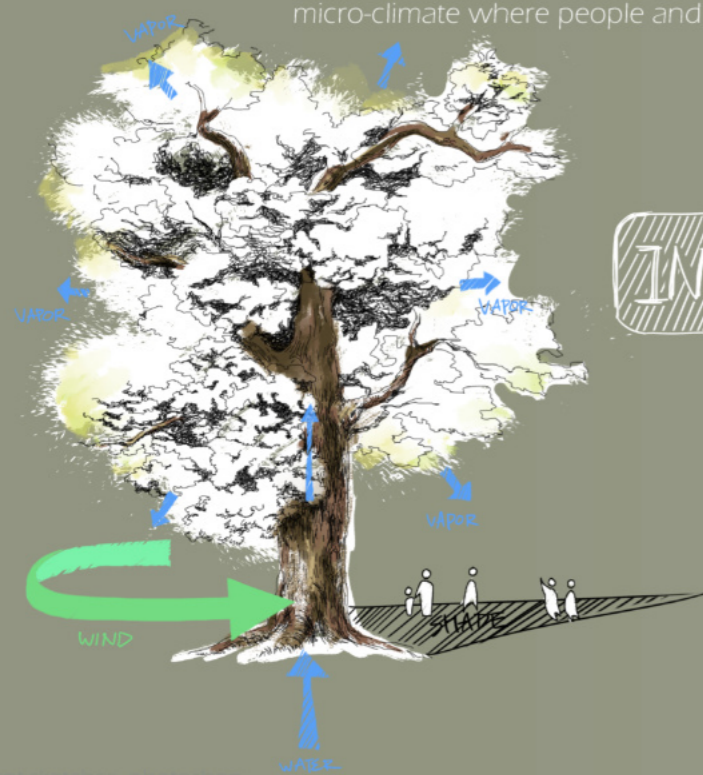
A SPECULATION...

A Strange and Crude Visualization

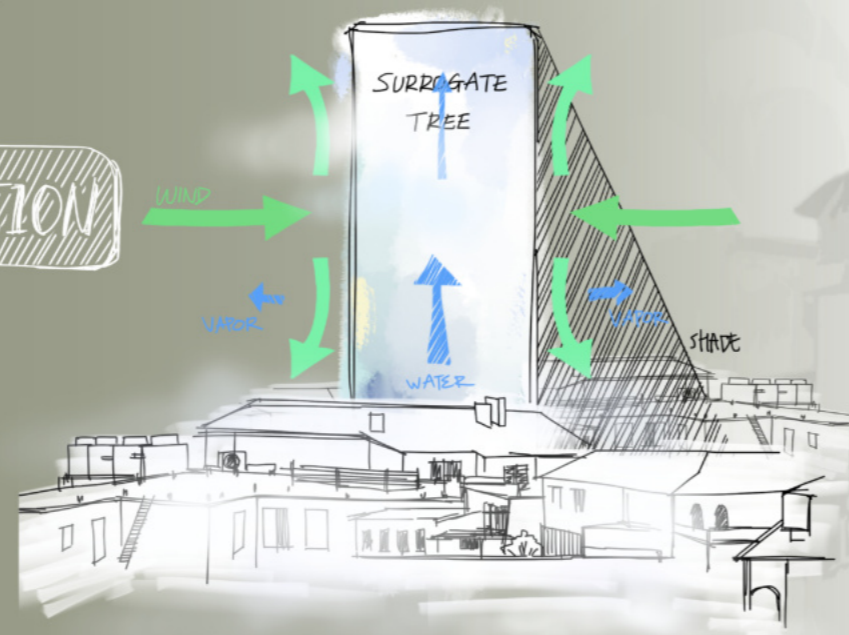


WHAT IF...

Amidst a deserted barren zone, a cluster of gigantic plants start to grow in this inhabitable region. They transpire water and coupled with downdraught effect to disperse the vapors to the surrounding vicinity. The environment shifts into a misty and stable micro-climate where people and other species gradually settle down in the now more welcoming space...



INSPIRATION

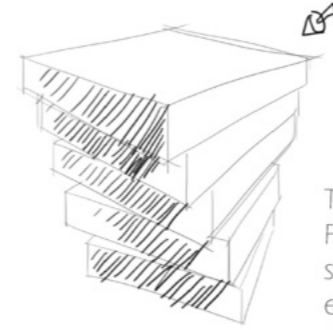


WOODBOARD

STRUCTURAL



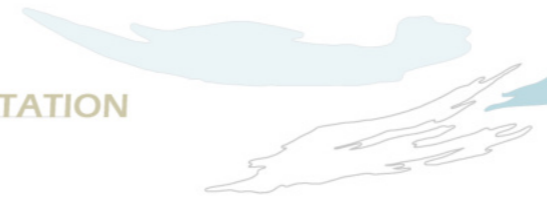
PHYLLOTAXIS



INCREASE LIGHTING THROUGHOUT THE DAY

The exterior draws inspiration from the Fibonacci order observed in leaves, a strategic arrangement that plants employ to capture more light for photosynthesis.

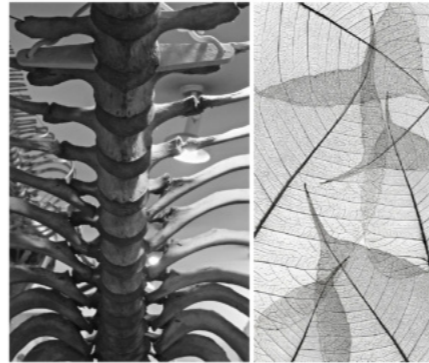
CONNOTATION



Mist softens the contour and blend in with the landscape

the biopunk sensation of the building comes from the iterative pattern that is often found in nature. As time passes, hopefully some species will form a symbiotic relationship with the building to grow on it and enhances this organic connotation.

FUNCTIONAL

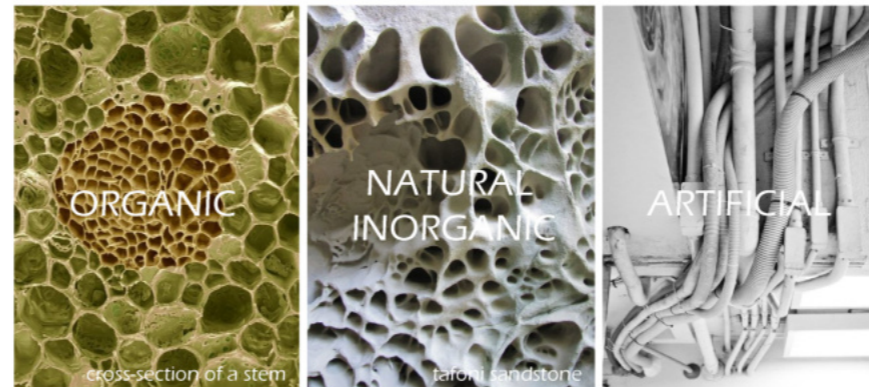


The similarity between the spine & STEM

A not-so-direct biomimicry of the veins and spines in both function and aesthetics

similar to a transportation of cerebrospinal fluid in the spine, or passive transportation of water in the leaf veins, the essential function of the tower is to disperse water to every pore of the building then evaporate

Material is the essence of biomimicry, after the water being pulled up in the central pipes, the porous material disperses the water to each floor and eventually into the air by capillary actions and pressure gradient difference



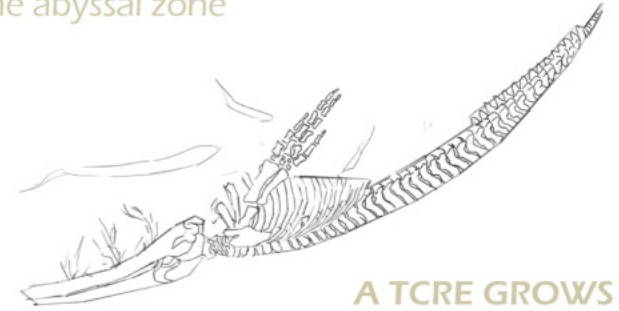
MATERIAL

INSPIRATION OF THE EXTERIOR



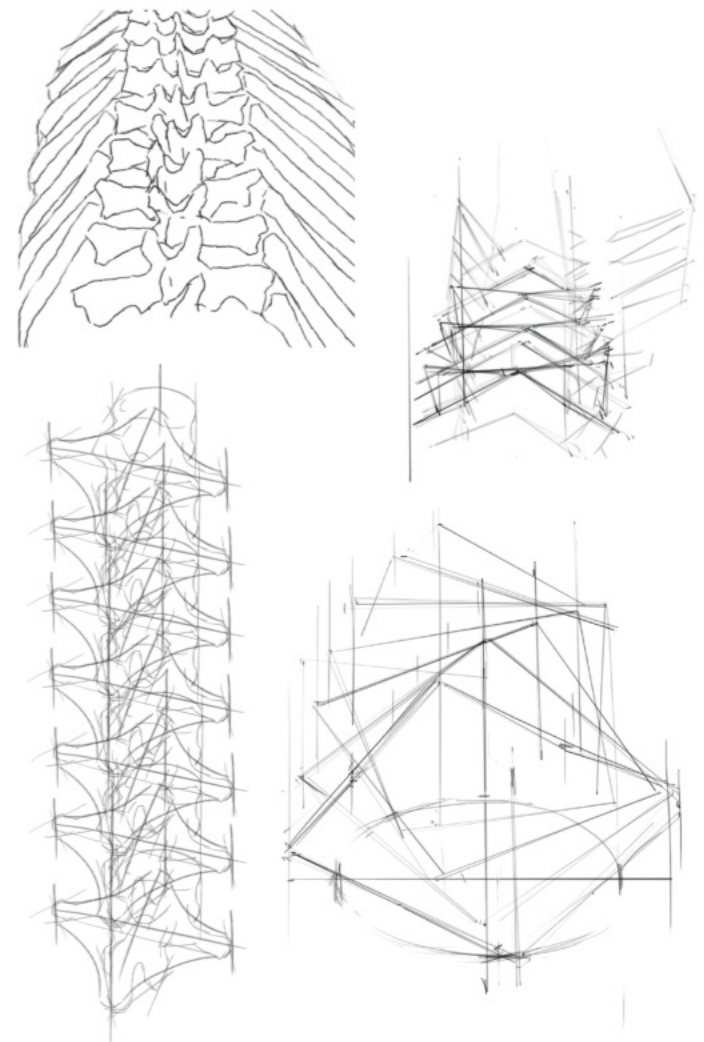
A WHALE FALL

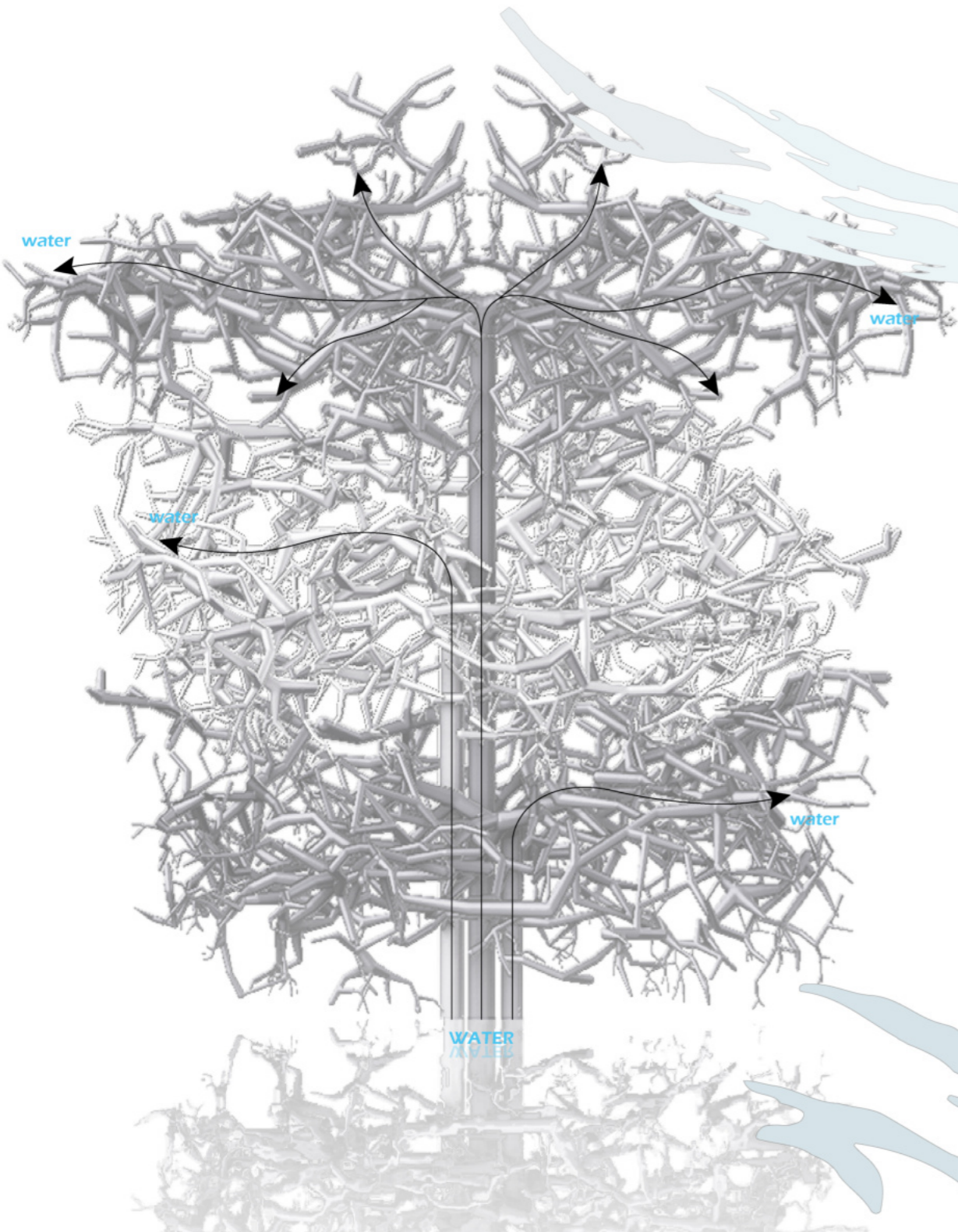
The death of a whale fosters a garden of lives in the abyssal zone



A TCRE GROWS

I hope the creation of Tcres transforms into pillars of gardens in the barren field



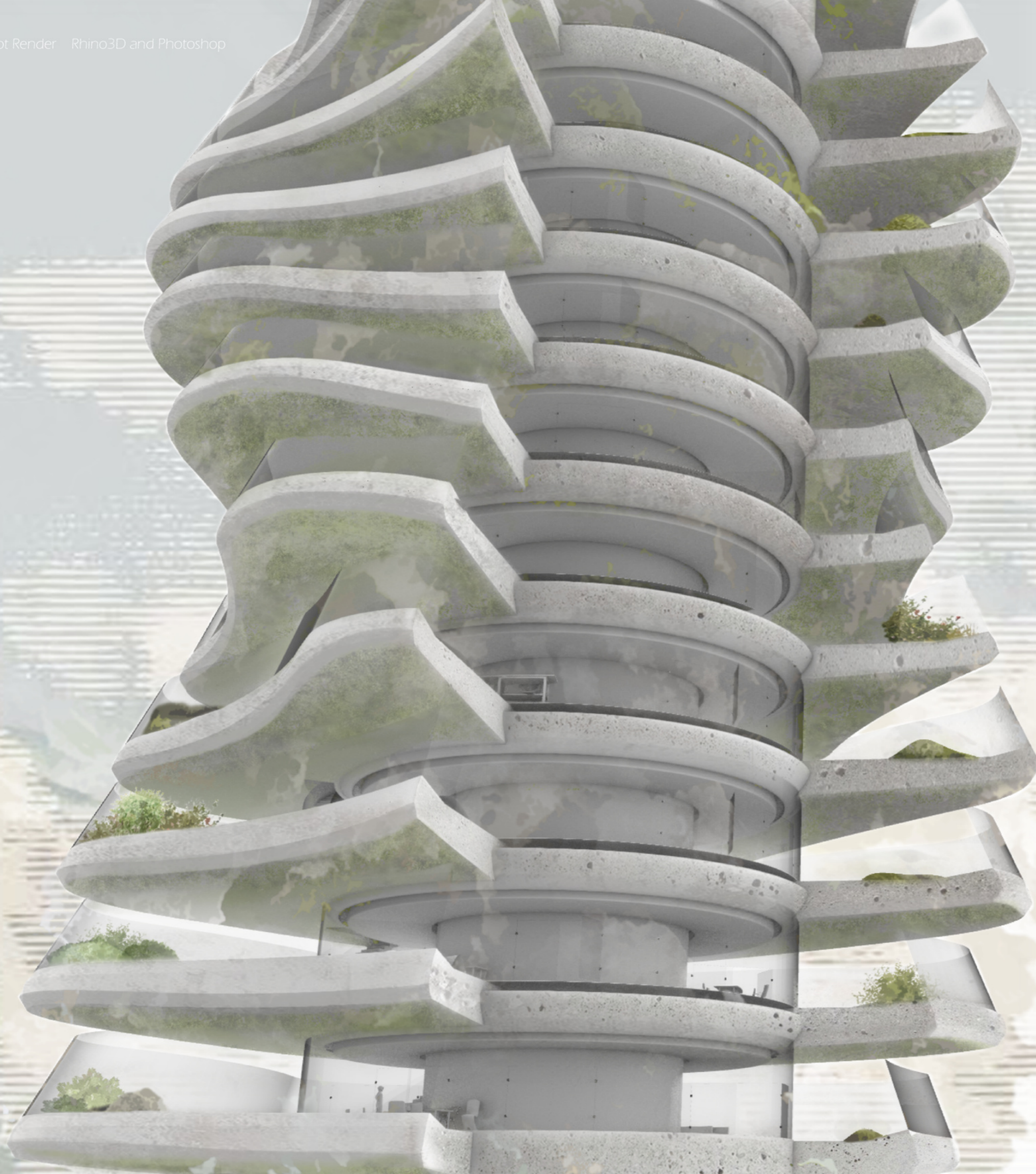


INTERNAL PIPES STRUCTURE/XYLEM

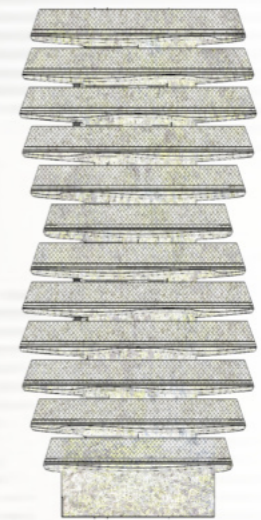
A concept sculpture of the waterways within the tower. **Arrows is a rough representation of how water might travel.** The main pipes are at the heart of the tower and disperse water through porous material of each floor.

DOWNDRAFT AND UPDRAFT

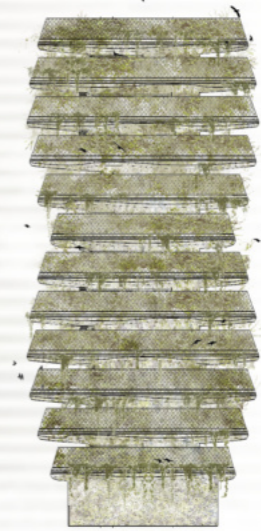
Though a headache to many architects, I want to utilize the wind effects caused by tall buildings to disperse vapors faster, thus more effectively reduce apparent temperature. The spiral exterior intensifies the upward and downward flow of winds.



Primary Succession
1st Year



Lichen/Pioneer Species
5th Year



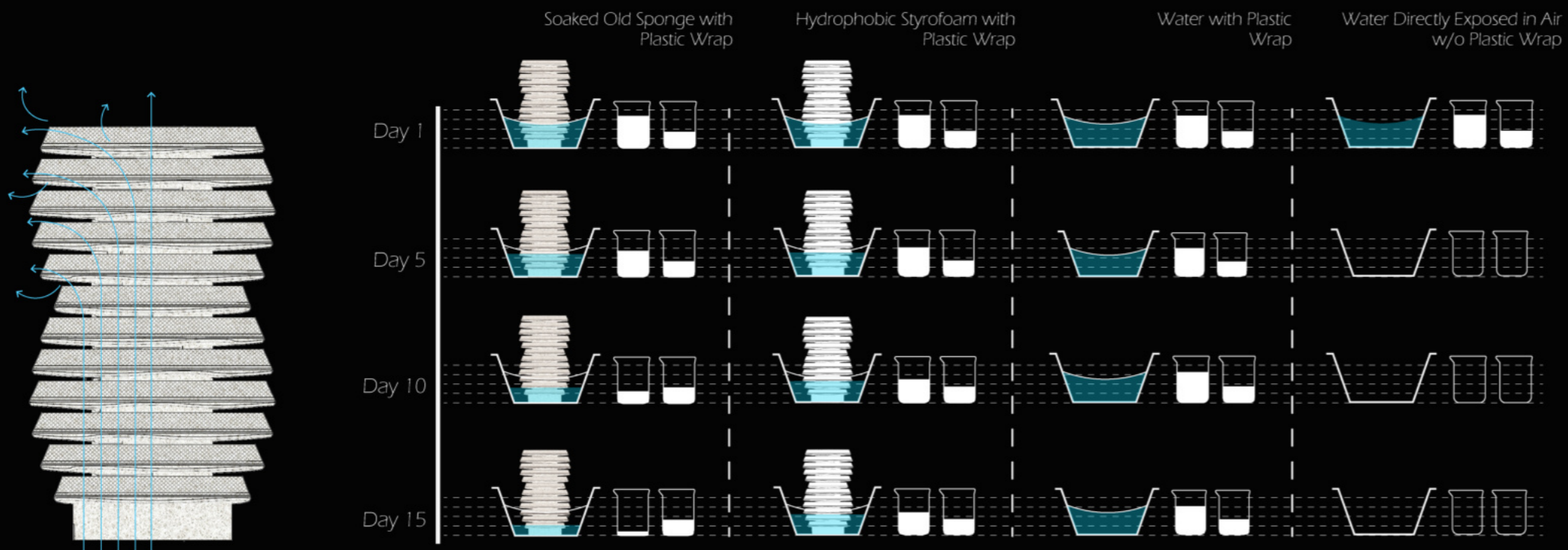
Intermediate Species
10th Year

Time As A Measurement

The exterior glass will be replaced by metal grid fence to avoid bird collision and to host native species that can form a symbiotic relationship with the building like Desert Wild Grape, Chaparral Clematis or Virgin's Bower

EXPERIMENT

REGARDING THE MATERIAL



WATER RESERVOIR

Testing Capillary Action on Scaled Down Models Made Of Different Materials

Volume Change of Three Basins of 750mL Water in late August to mid September (Average Temp of 39 degree Celsius Under the Sun at Noon)

In conclusion, Water in the basin containing old sponge evaporate faster then the one with hydrophobic styrofoam with plastic wrap and the control group, but it's much slower than water evaporates directly under the sun. The result of the experiment isn't ideal and has many flaws such as the plastic wrap in the comparison groups aren't completely sealed off, so presumably the evaporation in both groups would be slower than the current outcome. To archieve the best result requires further exploration of materials with better capillarity.



Old Sponge Model

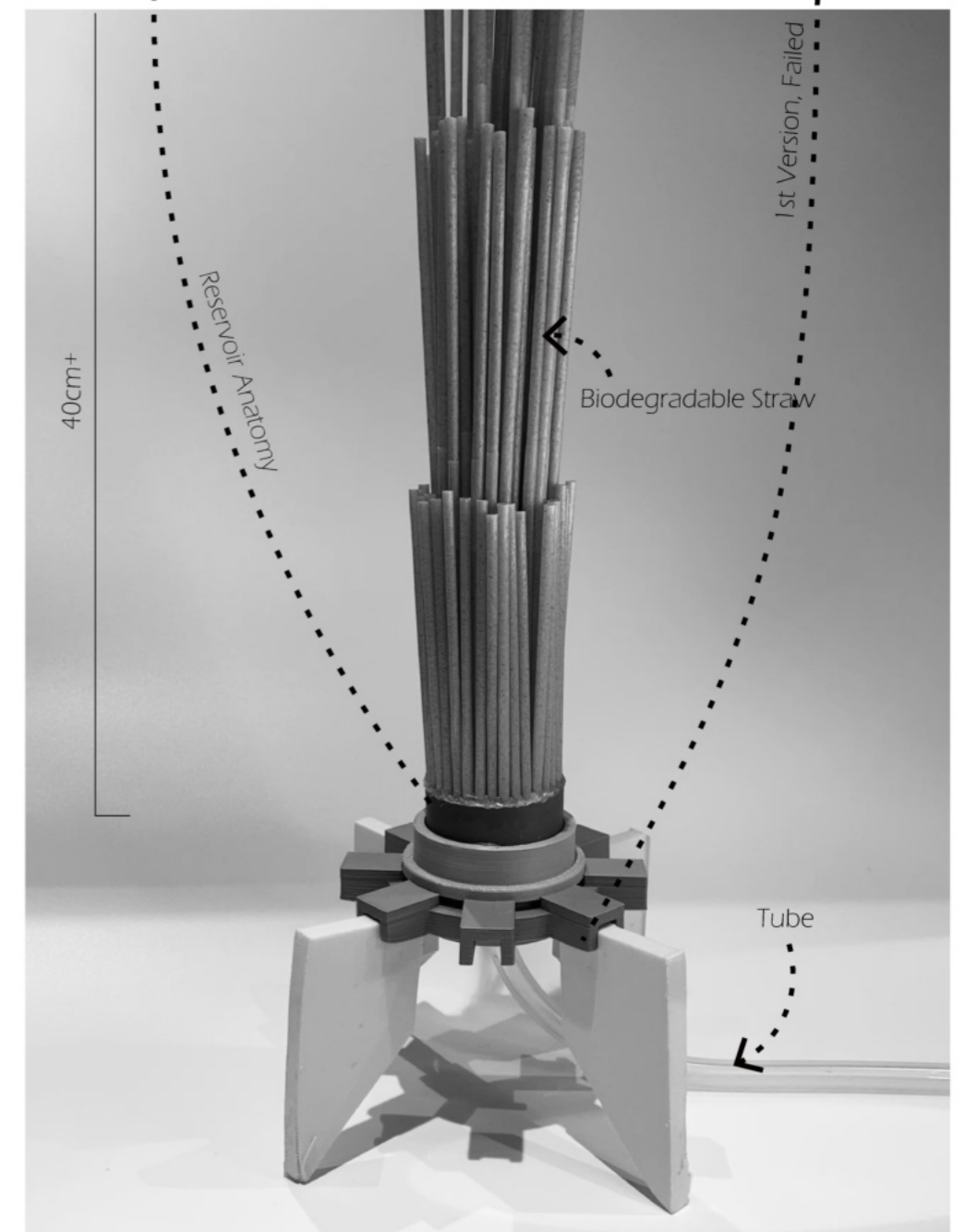
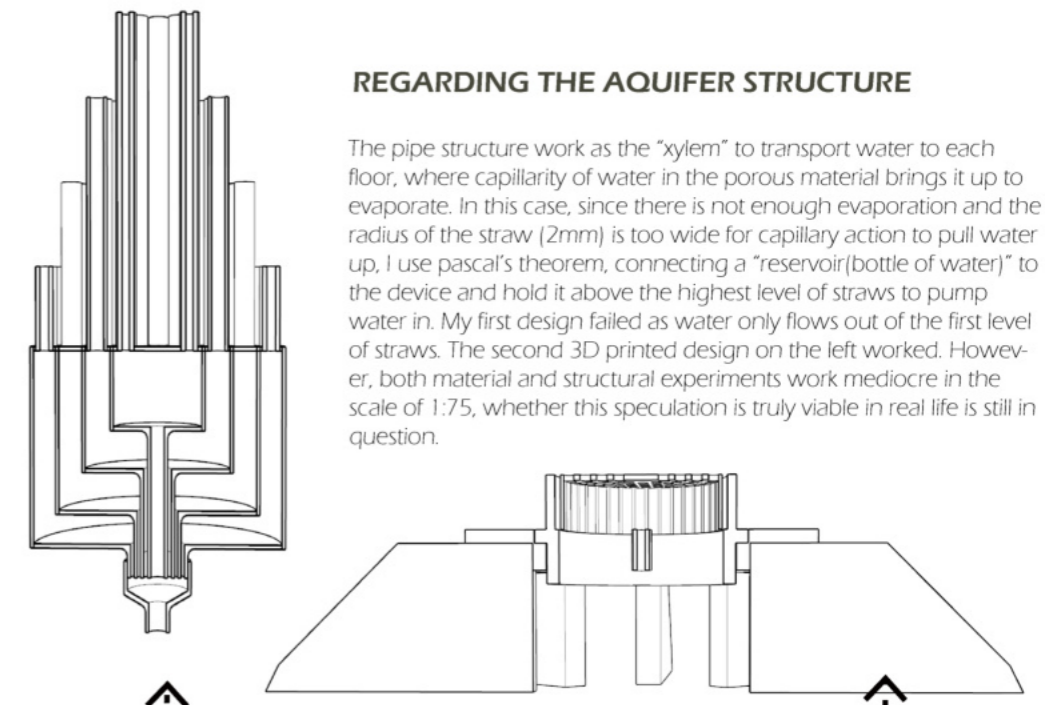
Plastic Wrap

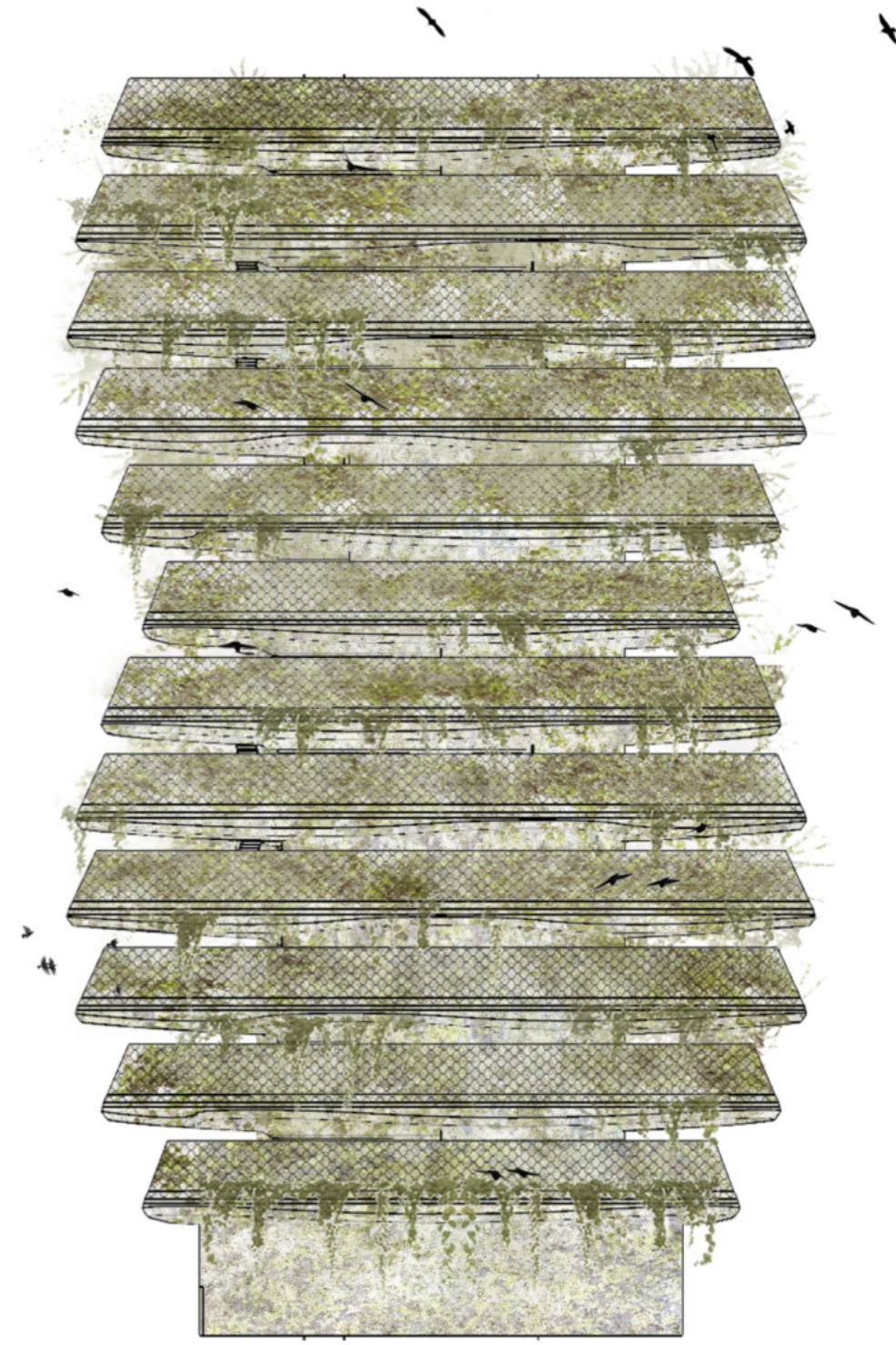
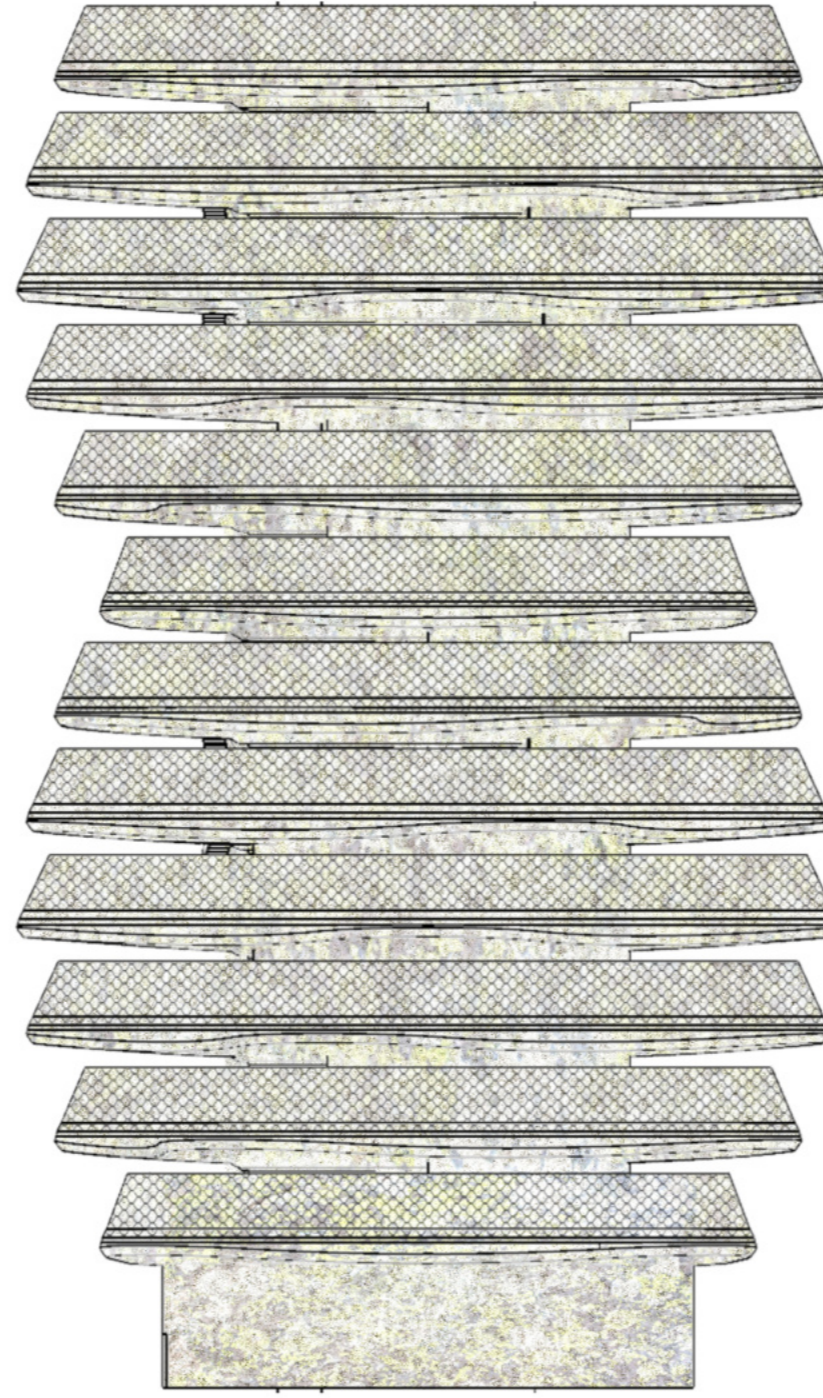
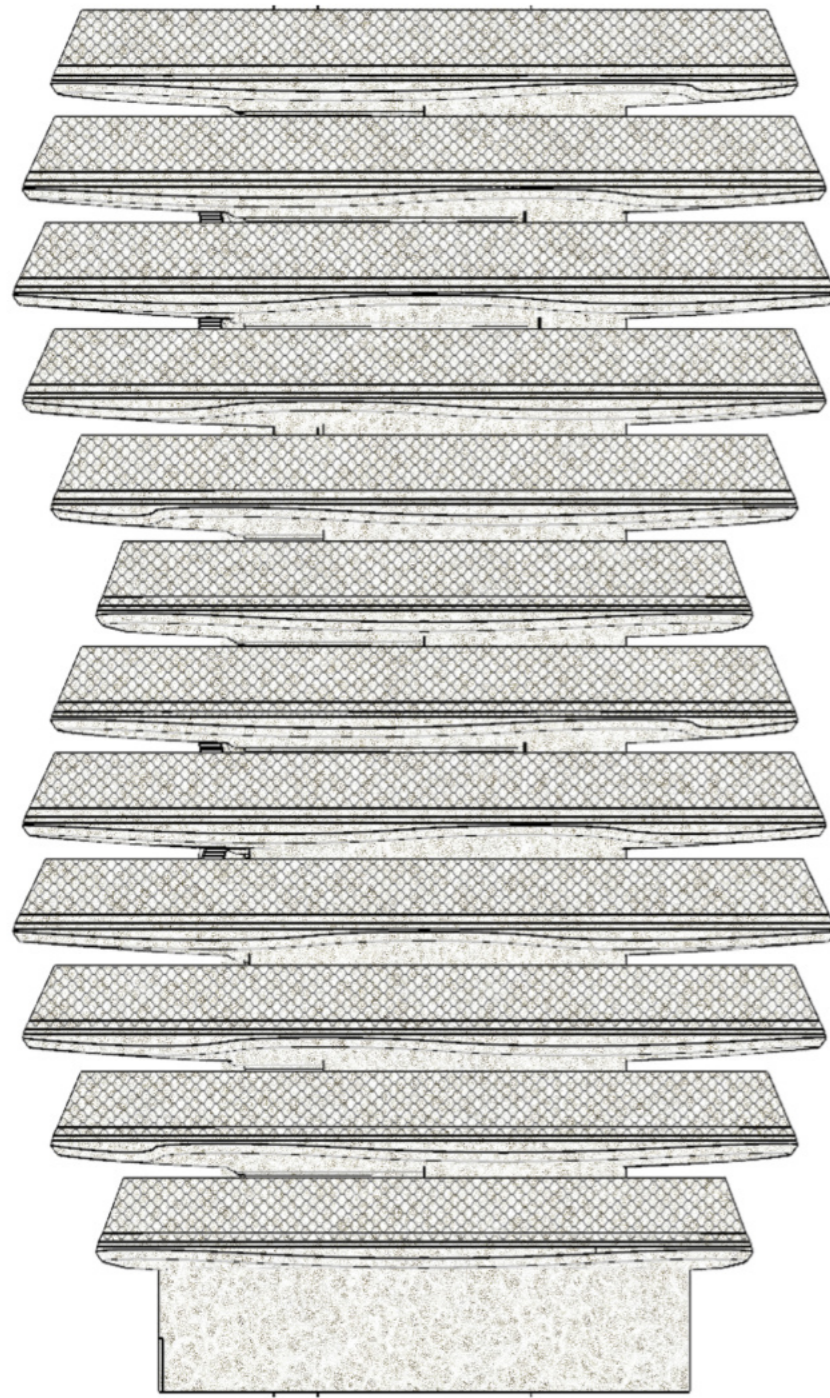
Vapor

Basin

REGARDING THE AQUIFER STRUCTURE

The pipe structure work as the "xylem" to transport water to each floor, where capillarity of water in the porous material brings it up to evaporate. In this case, since there is not enough evaporation and the radius of the straw (2mm) is too wide for capillary action to pull water up, I use pascal's theorem, connecting a "reservoir (bottle of water)" to the device and hold it above the highest level of straws to pump water in. My first design failed as water only flows out of the first level of straws. The second 3D printed design on the left worked. However, both material and structural experiments work mediocre in the scale of 1:75, whether this speculation is truly viable in real life is still in question.





FUTURE STUDY

Some unanswered questions:

- How to recycle the evaporated water?
- What's the scale it takes or number of trees to change the albedo?
- How big should the reservoir be?
- Can it use sea water?
- What's its cost?
- Will it generate profit?
- How difficult is the maintenance?
- What are the side effects of altering microclimate? Will the local regime change?

REFERENCE

vegetation's influence on surface/apparent temperature <https://www.osti.gov/biblio/10180633>
 Factors of why surface temperature is lower under trees <https://link.springer.com/article/10.1007/s00484-020-02030-8>
 Vulnerable groups susceptible to heat stroke <https://www.sciencedirect.com/science/article/abs/pii/S0169204615001309>
 landscape parameter's impact on surroundings https://www.researchgate.net/publication/289518900_Contribution_of_trees_and_grasslands_to_the_mitigation_of_human_heat_stress_in_a_residential_district_of_Freiburg_Southwest_Germany
<https://climatechange.chicago.gov/climate-change-science/future-climate-change>
<https://fia.umd.edu/answer-find-a-time-lapse-map-of-wildfire-growth-in-california/>
<https://www.weather.gov/hazstat/>
 Mortality by climate data <https://www.epa.gov/climate-indicators/climate-change-indicators-heat-related-deaths>
 Urban heat island <https://cds.climate.copernicus.eu/cdsapp#!/software/app-health-urban-heat-islands-current-climate?tab=app>
<https://www.ncei.noaa.gov/access/monitoring/monthly-report/global/202206>

2

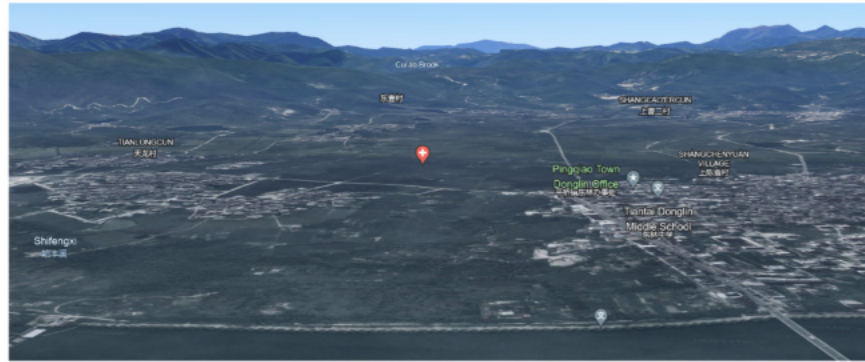
Forward To The Past

INDEPENDENT PROJECT

In the future, perhaps commercialized exoskeletons will aid seniors in leading convenient lives, or perhaps an elixir of eternity will erase the concept of physical "elderly" altogether. Alternatively, individuals may seek refuge from the cyber future, yearning for simplicity in a humble room within a serene community—existing solely for the sake of existence.

INTRODUCTION

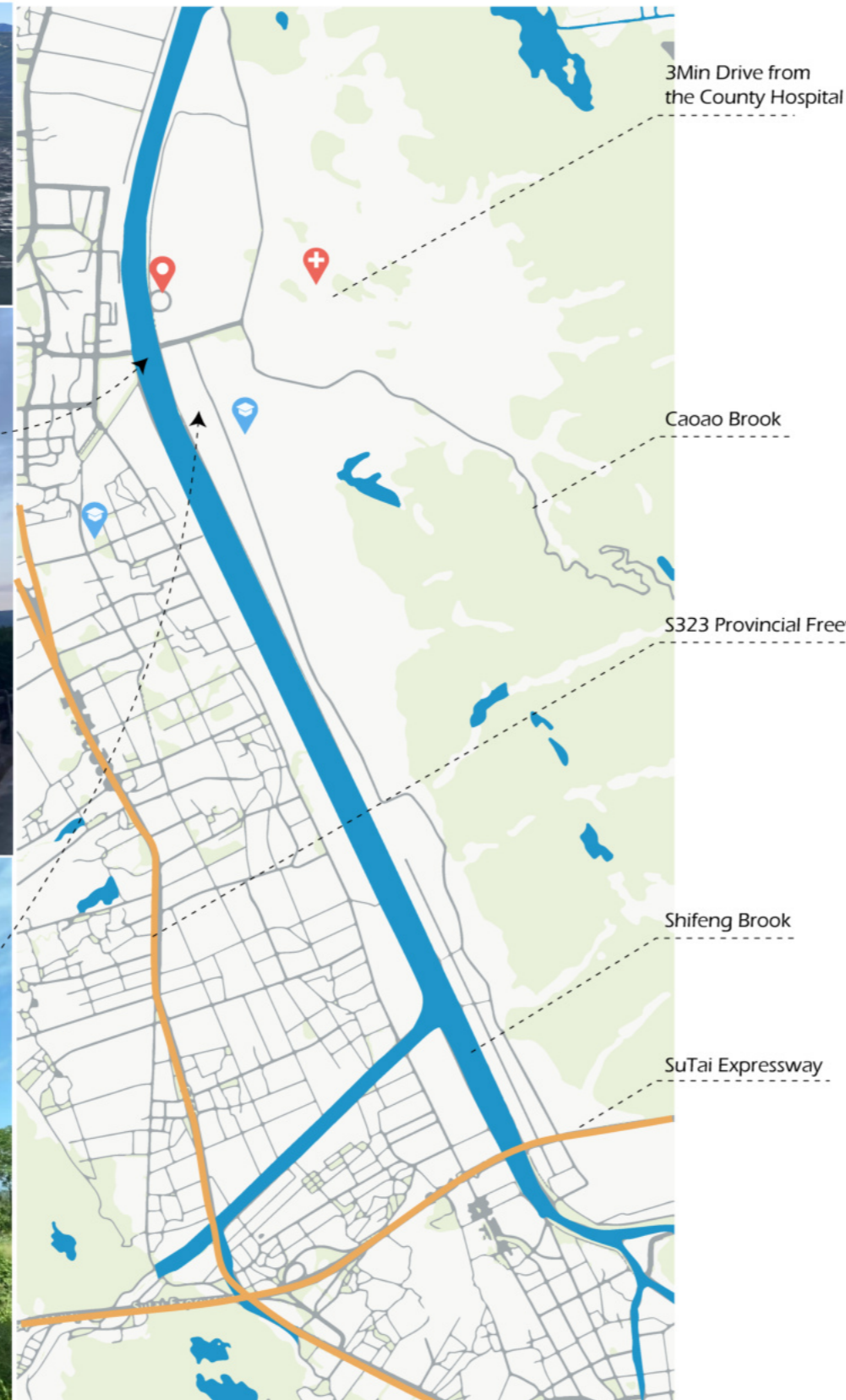
This concept emerged during my stay with my grandmother, recovering from her brain surgery in 2023. Nestled in her hometown - Tiantai in China - renowned for botanical diversity and the convergence of three religions (Daoism, Buddhism, Confucianism), this retirement haven seeks inspiration from the indigenous rock and bamboo dwellings, harmonizing with the local environment. In contrast to successful senior care facilities yet unaffordable for many, this design veers away from commercialization, offering decentralized spaces for residents to relish the serenity of nature and foster intimate connections within the community. This visionary retreat envisions a departure from bustling e-commerce cultures, providing a tranquil haven for my family and future seniors to escape the hurried pace of modern life prevalent in nearby cities like Hangzhou.



I took these photos when passing by the site



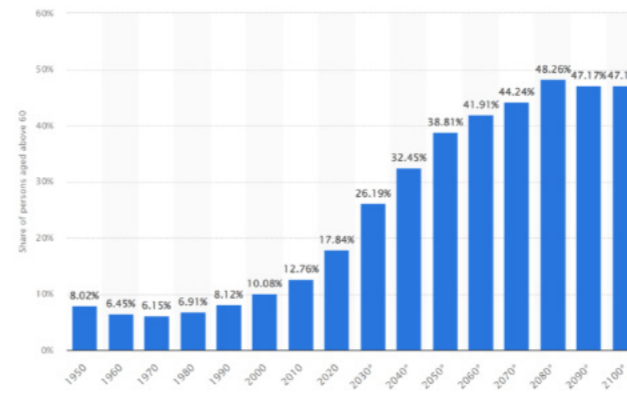
I took these photos when passing by the site



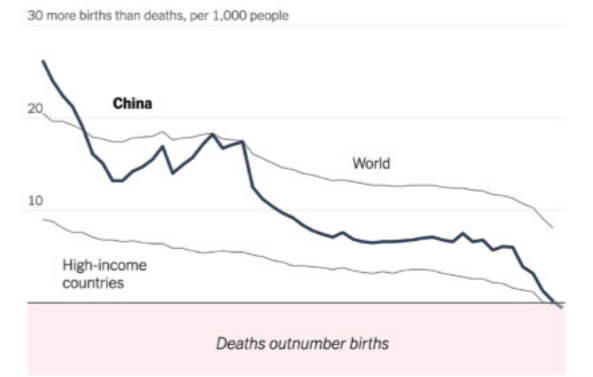
RESEARCH

Who composes the future senior community?

Cultural stereotypes often depict the elderly as either adorable sages or stoic cynics, oversimplifying the rich diversity within each generation. We often overlook the fact that we become them in fifty years, highlighting the need to embrace the unique personalities that exist across all age groups.



Graph from Statista.com



Graph from New York Times

It is a trend evident in both data and cultural environment that unveils a shifting priority away from childbirth. There will be a growing population of seniors without offsprings. They might be more prone to spare their retirement lives on self-fulfillment and awareness and connection with their friends or pets.

What Elderly(80+) Thinks of Nursing Homes



What Mid-age Thinks of Nursing Homes



Who are the design's residents? A survey collected from various groups



CASESTUDY

THE GARDENS CARE HOME/ MARGE ARKITEKTER, SWEDEN

The Gardens Care Home in Örebro, Sweden sets in a field next to natural reserves, 11 minutes drive from the downtown. It's near to parks, schools, shopping malls and the Örebro central station.

Each residential unit, either sheltered housing or apartment, provides individual kitchen and bathroom to ensure privacy, independence and sense of belong.

The easily and equally accessible **center** of The Gardens are shared spaces such as courtyards or multipurpose rooms, which take up 3/5 of the architecture. The designers encourage residents to spend more time **socializing** and **interacting with the environment**.



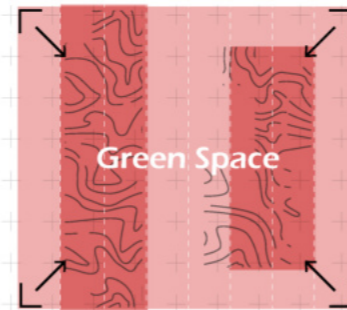
© Johan Fowelin, <https://www.archdaily.com/984946/the-gardens-care-home-marge-arkitekter>



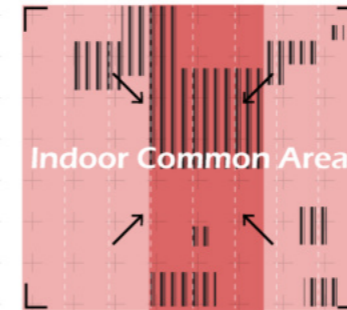
CONGREGATING INWARD



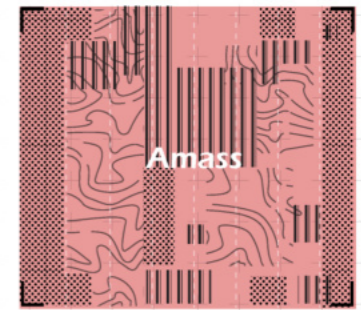
2 stories Residence, being the passive or **quiet zone** resides at the **outer ring**



Green spaces, the places for reading, gardening or partying sit between the **quiet** and **active zones** as a **transition**



Multifunctional areas, the **active** and shared spaces for socializing are at the **heart** of the architecture



SHAPE AND FORM

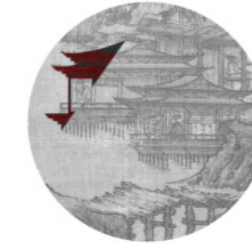
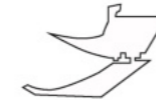
Some weathered village houses, constructed in the 50s with local raw materials and bamboo, face challenges such as poor lighting and uneven ground (see photos below). On the other hand, Taizhou boasts a rich historical heritage from the Sui, Tang, and Song dynasties (AD 581-1279). Given the predominantly cloudy and humid climate with distinct seasons, optimizing natural lighting while maintaining comfortable temperatures is paramount. Inspired by the layered adaptation of vegetation to varying light intensities, I envisioned the lower layers with increased leaf surface area capturing light, and the canopy leaves being thinner and smaller. Applying this concept to the design, the single-story building features larger windows for direct light, while the two-story structure relies more on scattered lighting.



Forest Stratification



Ma Yuan Dancing and Singing (detail) 1160-1125



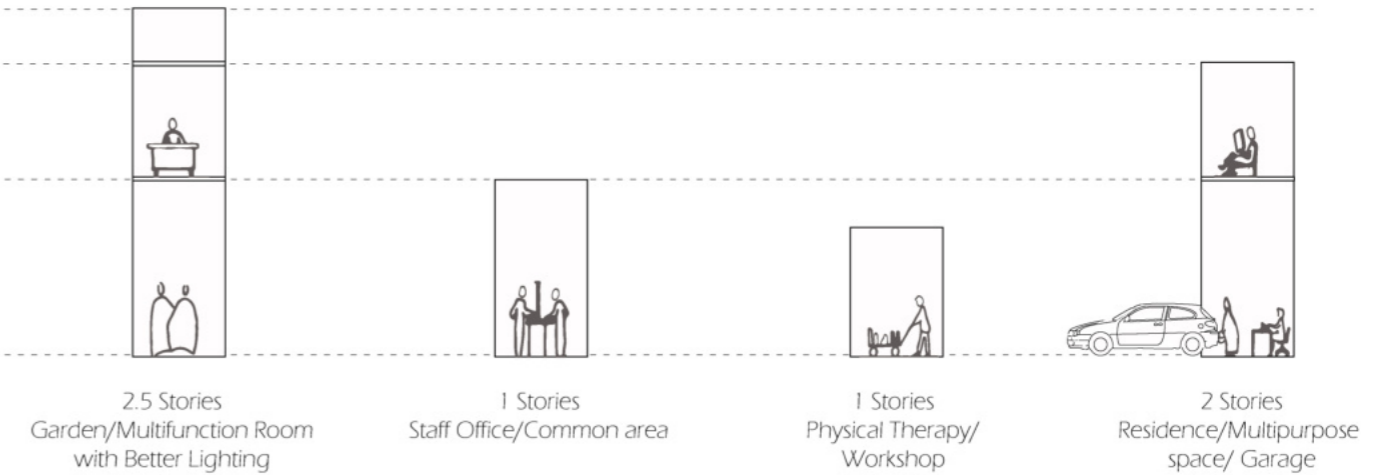
Li Cheng A Solitary Temple Amid Clearing Peaks(detail) 960AD-1127



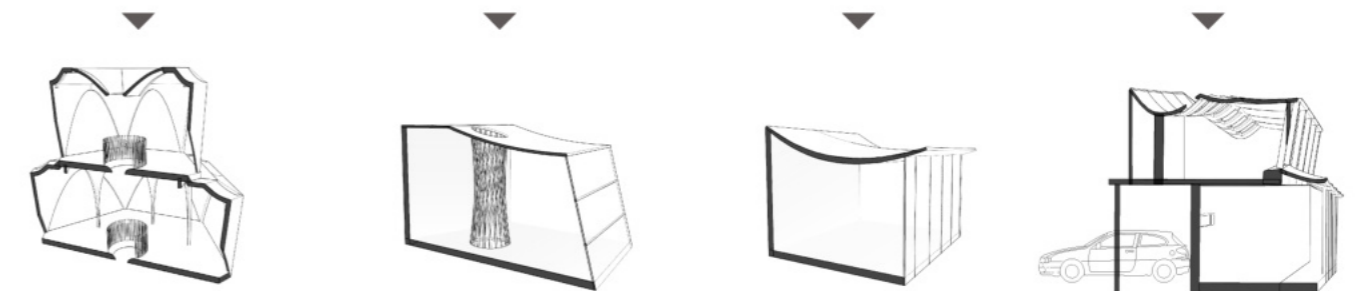
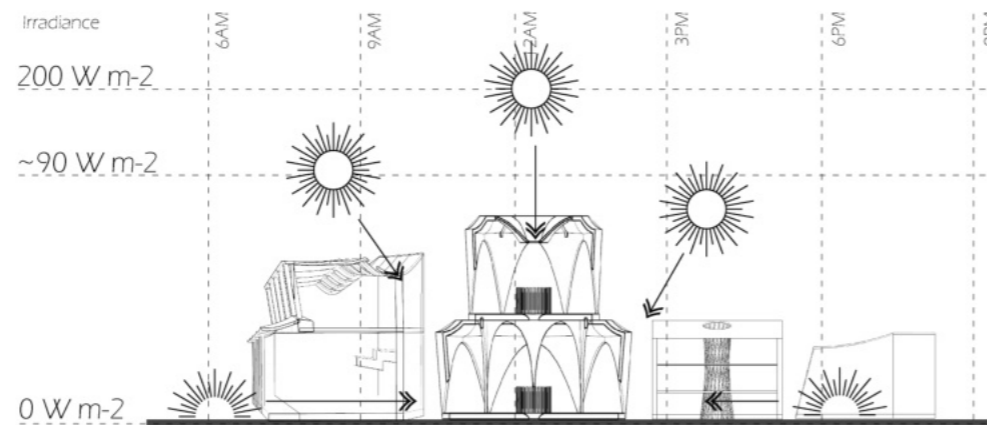
Local historic heritage(Pavillion)



Local historic heritage(Gazebo)

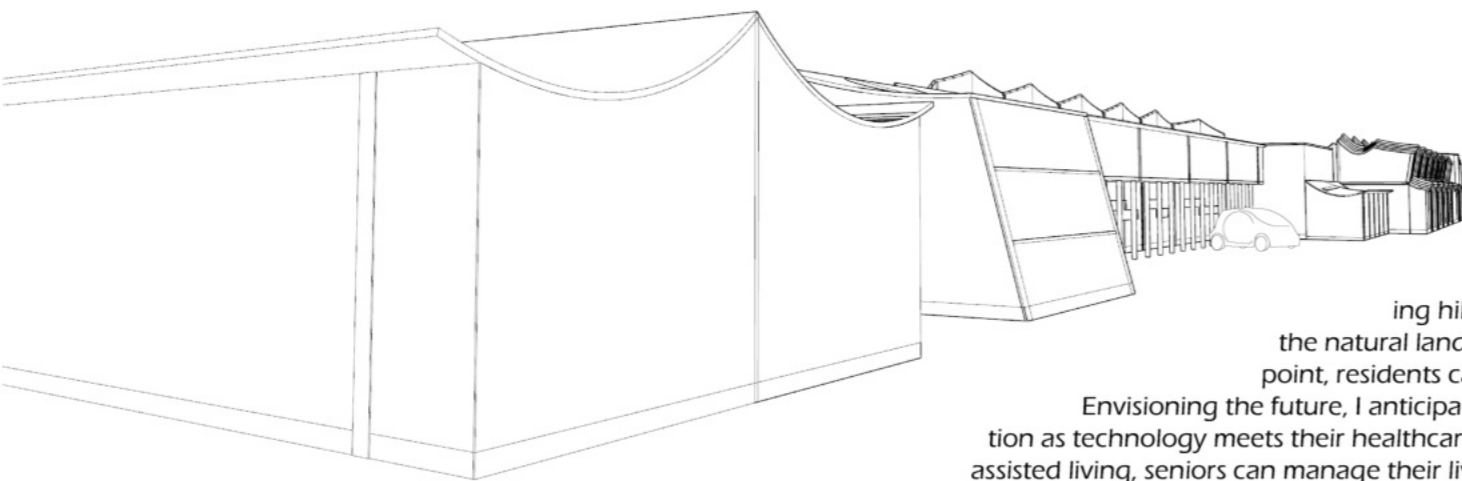
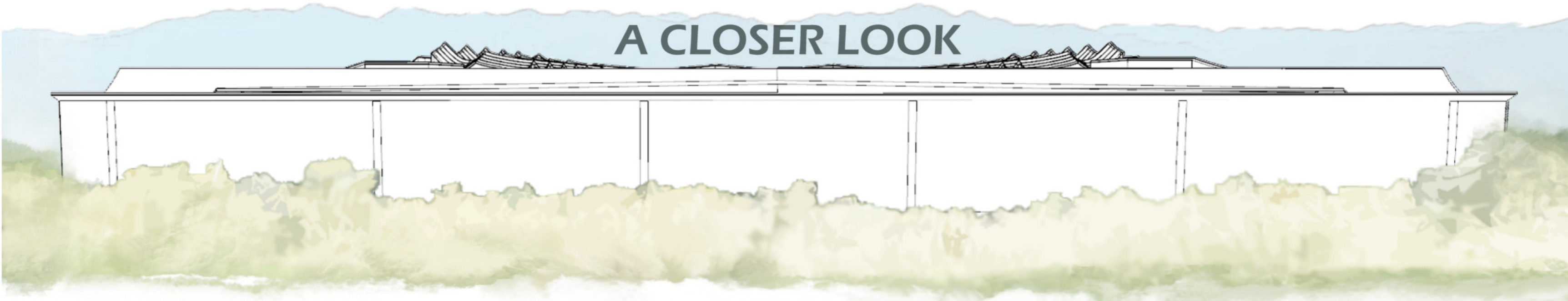


Light Intensity On a Winter Sunny Day

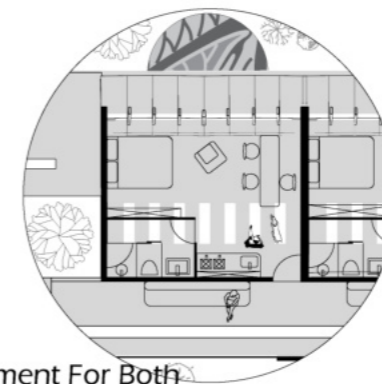


I take inspiration from the stone house and ancient exquisite architecture to form the geometric shapes and curvatures. According to Wang Chen, expert in elderly-oriented design, sudden change in light intensity, such as going from a well-lit room to an enclosed dark bathroom, is hazardous to the seniors. In response, I adopt my inspiration and create a roof with ceiling windows gather scattered light that bounces off the curvature so that the inside is softly lit evenly across the bedroom or bathroom.

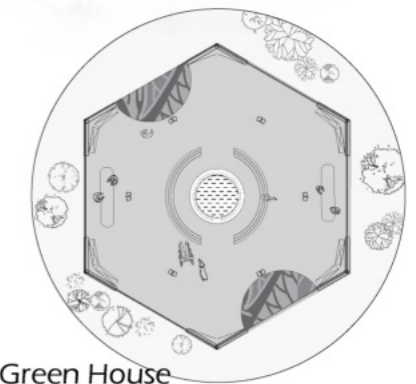
A CLOSER LOOK



Looking from the front entrance, the contour of the the roof ridges seamlessly merge with the surrounding hills. Offering a panoramic 270-degree view of the natural landscape and central garden from any vantage point, residents can immerse themselves in the scenic beauty. Envisioning the future, I anticipate local seniors prioritizing intimate socialization as technology meets their healthcare needs. With advancements in nursing and assisted living, seniors can manage their lives more independently, enjoying increased freedom. The building comprises four structural modules, catering to essential daily activities.

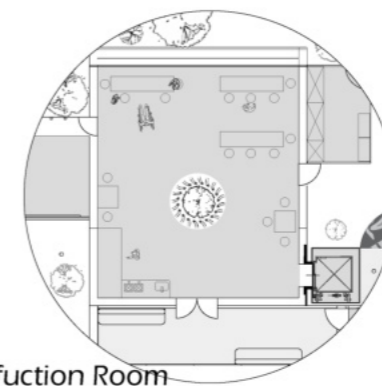
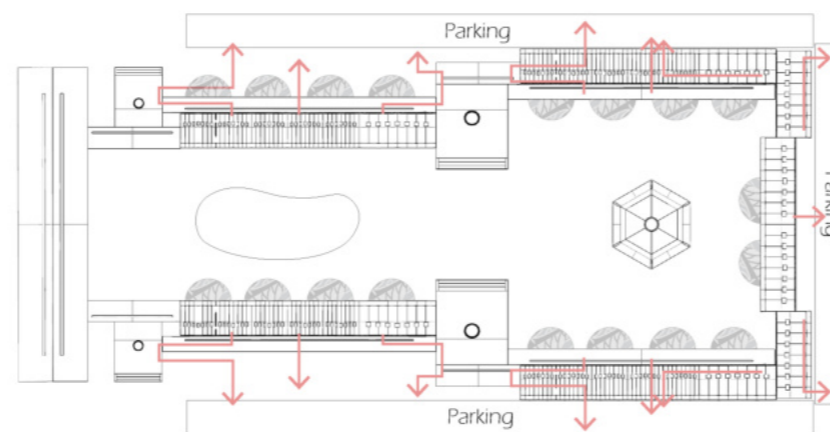


Apartment For Both Residents and Staffs



Green House

Underneath the residential building, parking spaces ensure convenient access. While the community forms a connected space around the garden, each of the seven living units features two exits directly linking to parking areas. I believe that a sense of belonging and control stems from freedom. Residents should feel liberated to choose between quiet solitary living or engaging in group activities. The Northern section is more compact than the south, with two main common areas on both ends, providing dwellers enough room to socialize and interact. 7 units in the west wing is also open to travelers to book. The Southern section is spaced out and mostly consist of residential and multifunction units. At the center is a greenhouse for mindfulness. Both sections leave space in the central garden for resident to grow their own plants, hoping it'd enhance their sense of purpose, influence and accomplishment.

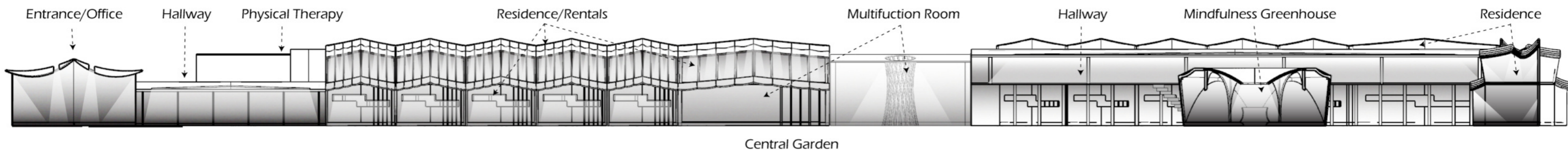


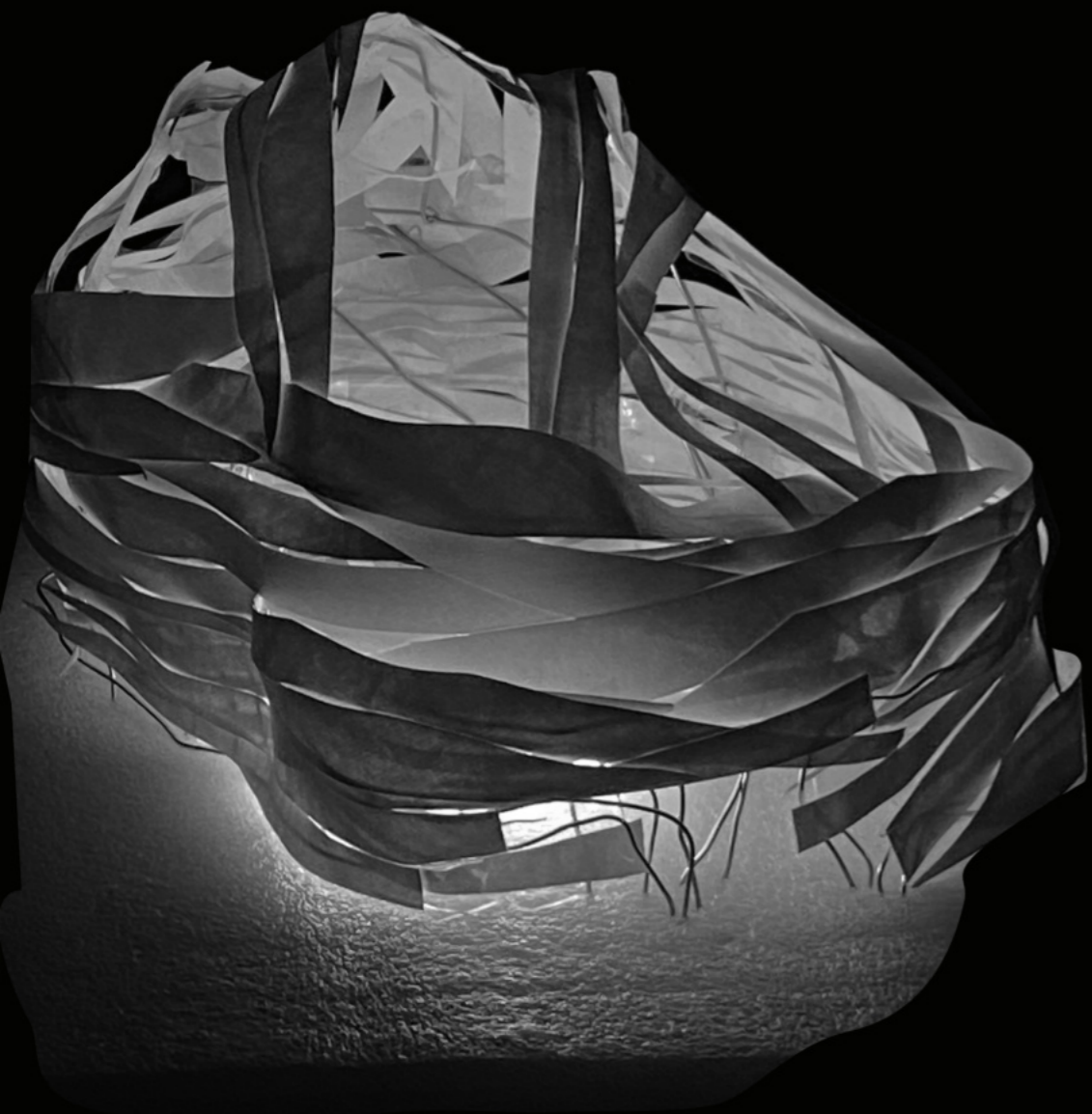
Multifunction Room



Physical Therapy Room

N





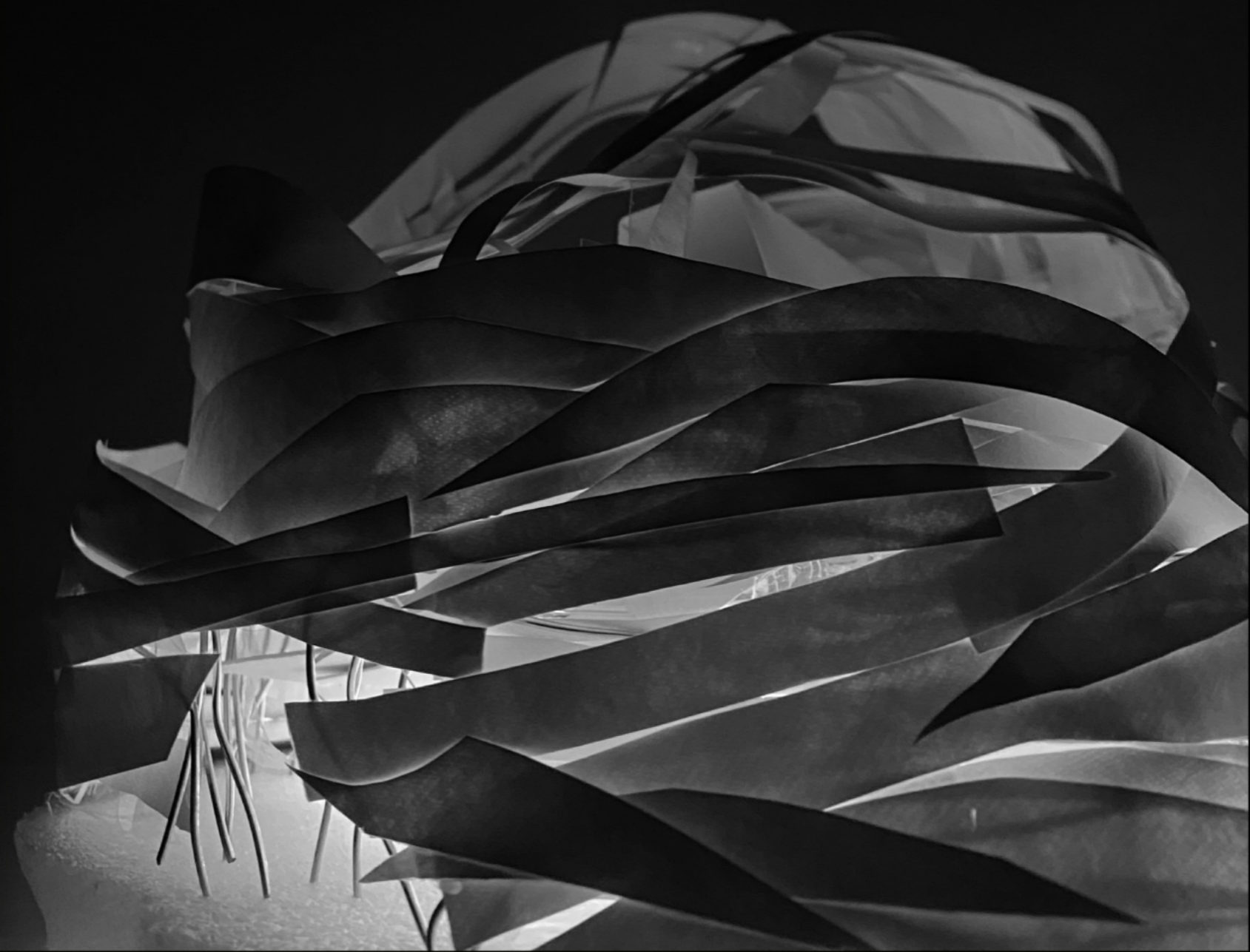
3

SLEEP TIGHT - A REHAB

INDEPENDENT PROJECT

“ A fun act of question to rethink the meaning of Human-centric design:
Is it about indulging humans' desires or
navigating humans' needs for long-term benefits? ”

— YUSHUO DING



BACKGROUND

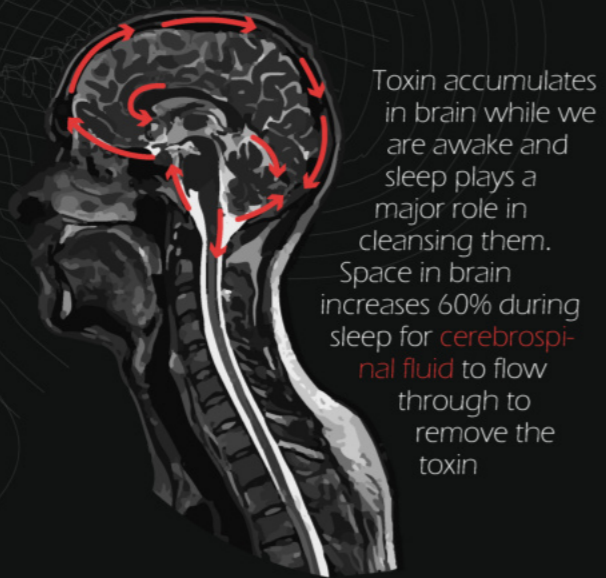
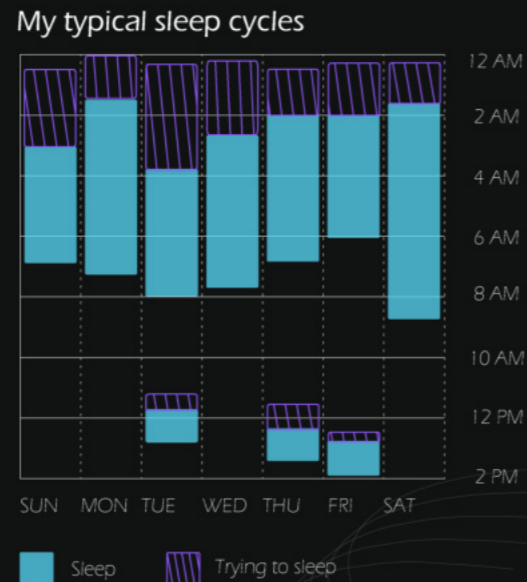
I AM MY CLIENT



IF LACK OF SLEEP...

- Heart disease
- Depression
- Disordered thinking/poor judgement
- Hallucination/short memory
- High cholesterol

My summer break left my sleep disrupted. I spent the rest of the month in borderline insomnia. I started searching for a product to correct my behavior



EXISTING PRODUCTS

Are mostly APPS



- ✗ Meditation
- ✗ Brain Waves
- ✗ Sleep Tracking
- ✗ Ambient Music
- and many other APPS

- ✗ Sleep therapy
- ✗ Medicines or supplements for sleep assist

I lack the motivation to use them. I need an **tangible external force** to push me into a healthy routine.

Is there a product that can **ACTIVELY** initiating users' behavior instead of **PASSIVELY** waiting to be used?

RESEARCH

SS
Sound Sleeper

Hey, how do you fall asleep fast?

It just happens

The moment I touch my bed I feel sleepy

What kind of magic is this?

actually

The moment I walk into my room

I'm jealous. And how??

Do you work in bed?

Duh. Where else to study?

Do you binge-watch in bed?

Best theatre ever.

I keep my bed for sleeping

CONDITIONED AROUSAL BEHAVIOR




SOME FACTORS AFFECTING SLEEP

- Light
- Stress
- Food/Drugs
- Sleep schedule
- Physical pain



My problem is that I don't have a sleep schedule since I work in bed, eat in bed, binge watch shows in bed, I can't relate "sleep" to my bed

>SO... my PAIN POINT is




THEORATICALLY...

Rings a bell right before feeding the dog as a habit

⇒ The dog **associates** bell-ring with meal

⇒ Salivates whenever the bell rings even if no meal is present

VS.

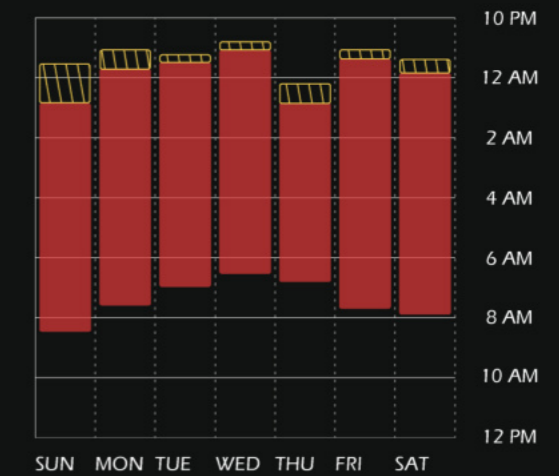


Only lay in bed whenever is falling asleep

⇒ **Associates** bedroom only with sleep

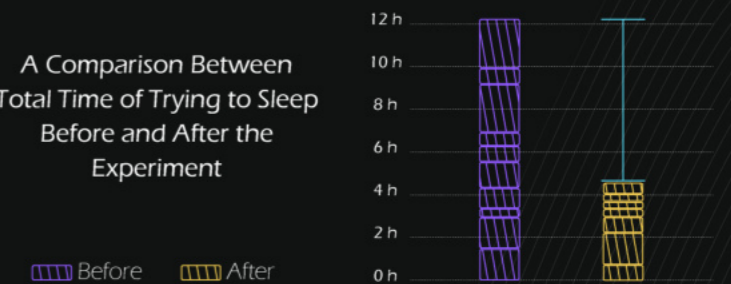
⇒ Feel sleepy when in bed at any time

2nd Week After the Experiment



My Daily Average sleep is **7 hours 12 min**, and I spend about **38 mins** trying to sleep

A Comparison Between Total Time of Trying to Sleep Before and After the Experiment



- ▶ **MORE EASILY FALLING ASLEEP**
- ▶ **REGULATED CIRCADIAN RHYTHM**
- ▶ **SIGNIFICANTLY LESS INSOMNIA**

IN CONCLUSION

– METHOD WORKS ✓

EXPERIMENT



To avoid the urge of lying in bed, I locked up my bedroom and gave the key to my sister by 8AM

She only gave the key back at 10:30PM so my bed has been out of sight between 8AM to 10:30PM

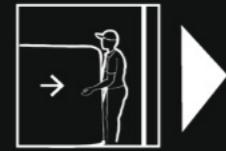
The experiment validated my hypothesis: associating the bed solely with sleep facilitates quicker sleep onset. Therefore, the key is to keep the bed out of sight during the day. Yet, not everyone has a sibling or a separate room for beds. I seek a tangible product that actively shapes user behavior.

A NEW PRODUCT

IF MAKING THE BED DISAPPEAR IS A SERVICE



7AM
Wake You Up



7:10 AM
Pack your mattress



7:20 AM
No bed to sleep on



9PM
Return your mattress



9:10 PM
Install mattress



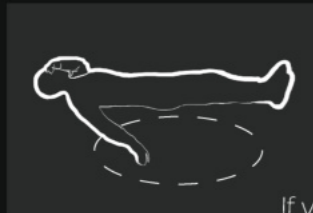
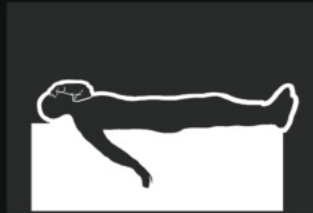
9:20 PM
Sleep tight in bed

Unfortunately the plan fails easily at step 1 if the user is unwilling to get up and open the door...

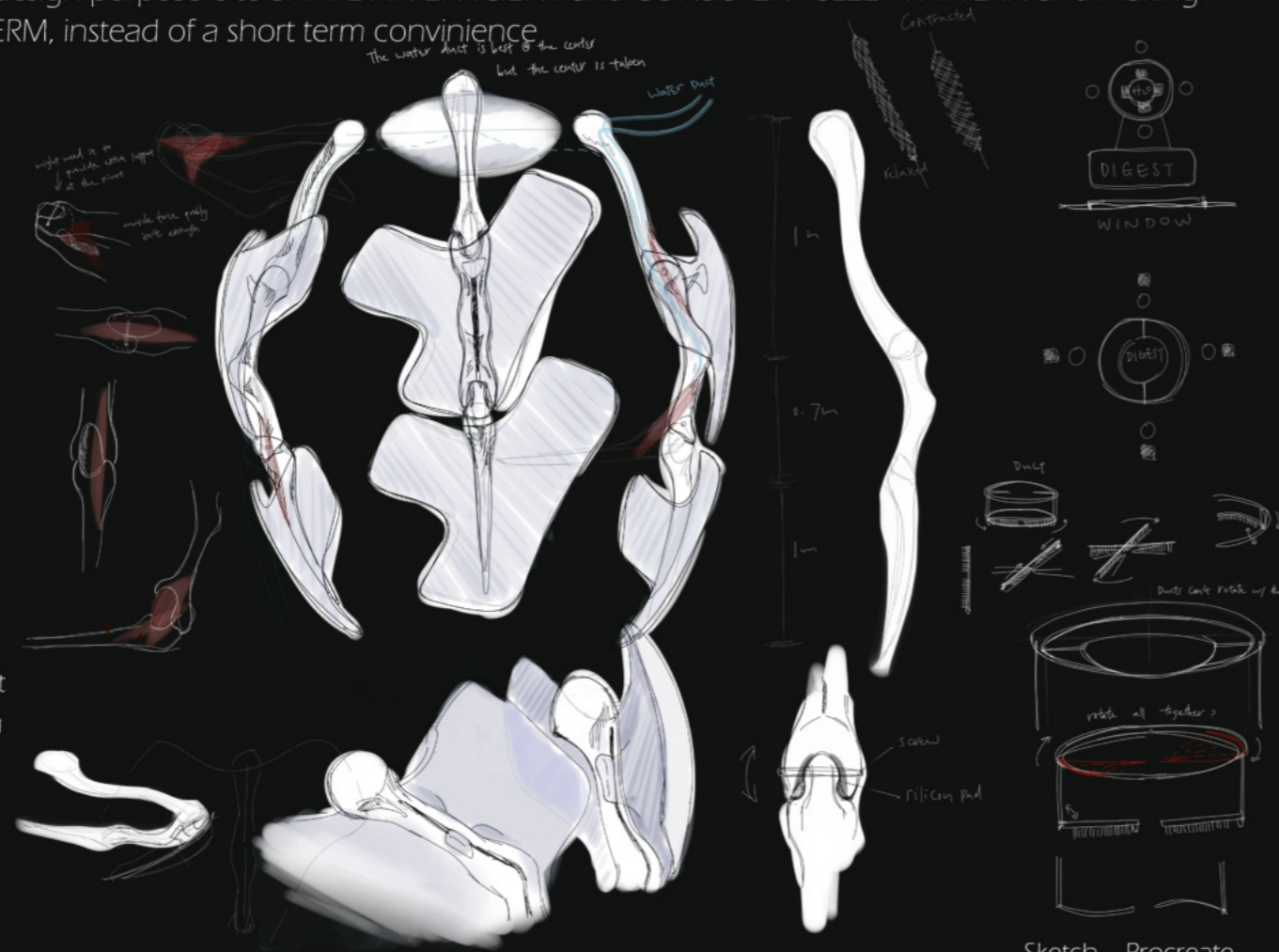
FEATURES OF THE NEW PRODUCT

- This product DOES NOT require EXTERNAL interference to perform
- The appearance and disappearance of the bed is NOT UP TO THE USER. If the user cannot get up or lay down within the time frame they set up before (unable to change in a seven-day cycle), they have to sleep on the floor
- Unlike existing products, this design purpose is to SHAPE AN EFFICIENT and CONSISTENT SLEEP PATTERN and making life healthier IN THE LONG TERM, instead of a short term convenience

User Manual



If you don't get up in time, you will fall



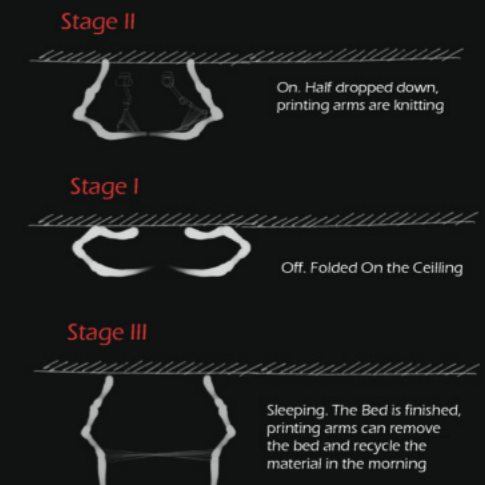
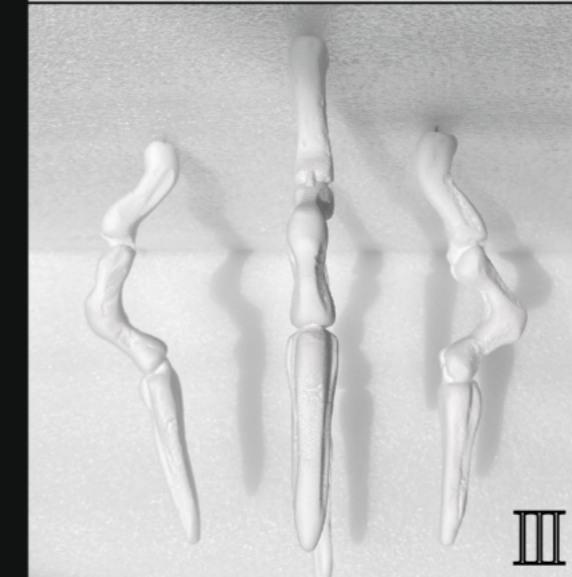
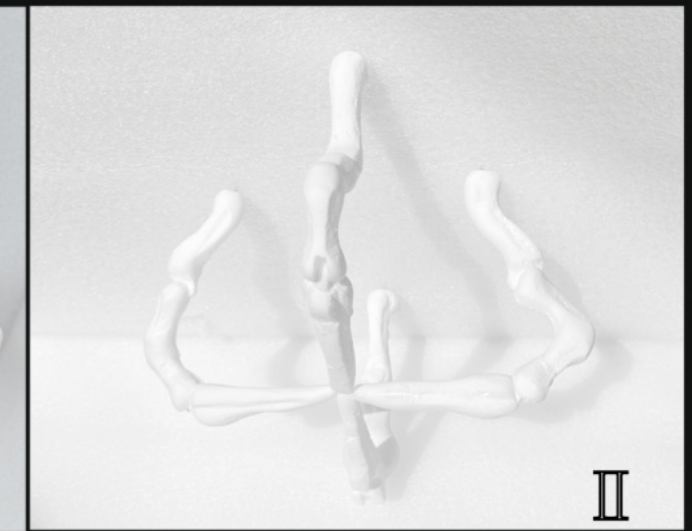
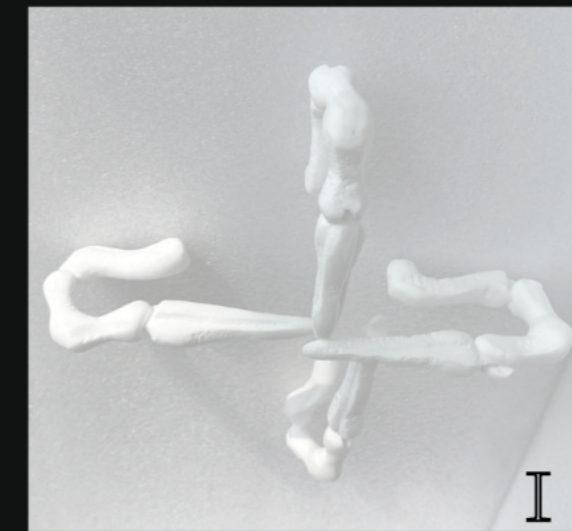
RETHINK DISAPPEAR: VISUALLY



PHYSICALLY?

All lives have a beginning and an end. Everyday, a newly woven bed is given birth at 10PM. This bed is dismantled at 7AM.

Concept Sketch Procreate



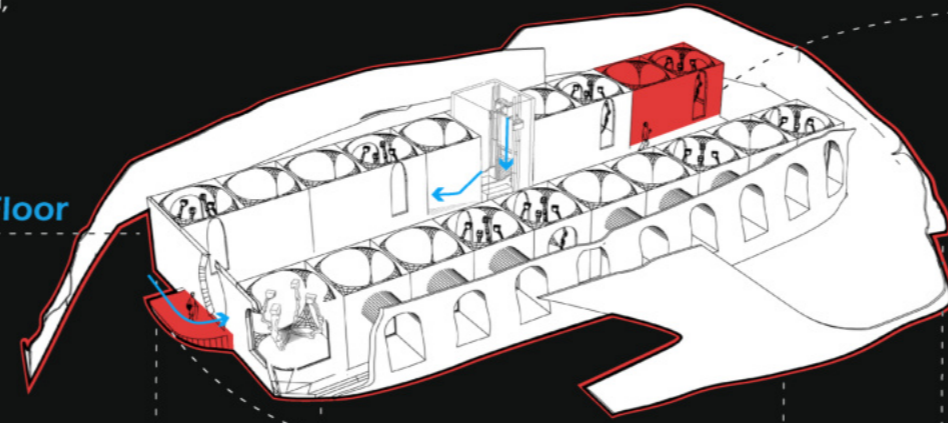
MOVABLE CLAY MODEL OF THE ARMS

LAYOUT & RENDER

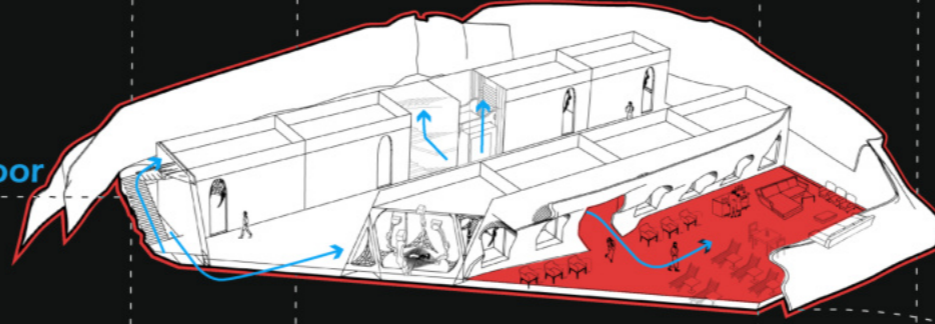
Given that the installation of the device may not be suitable in a typical household, a dedicated building is designed to serve as a sleep therapy center.



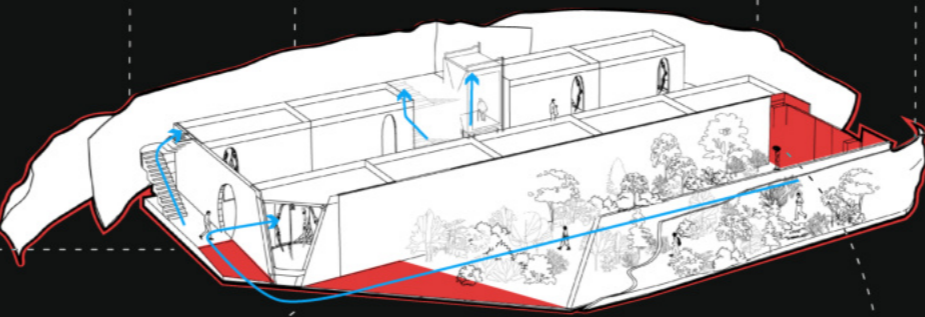
3rd Floor



2nd Floor



1st Floor



3F Sleeproom



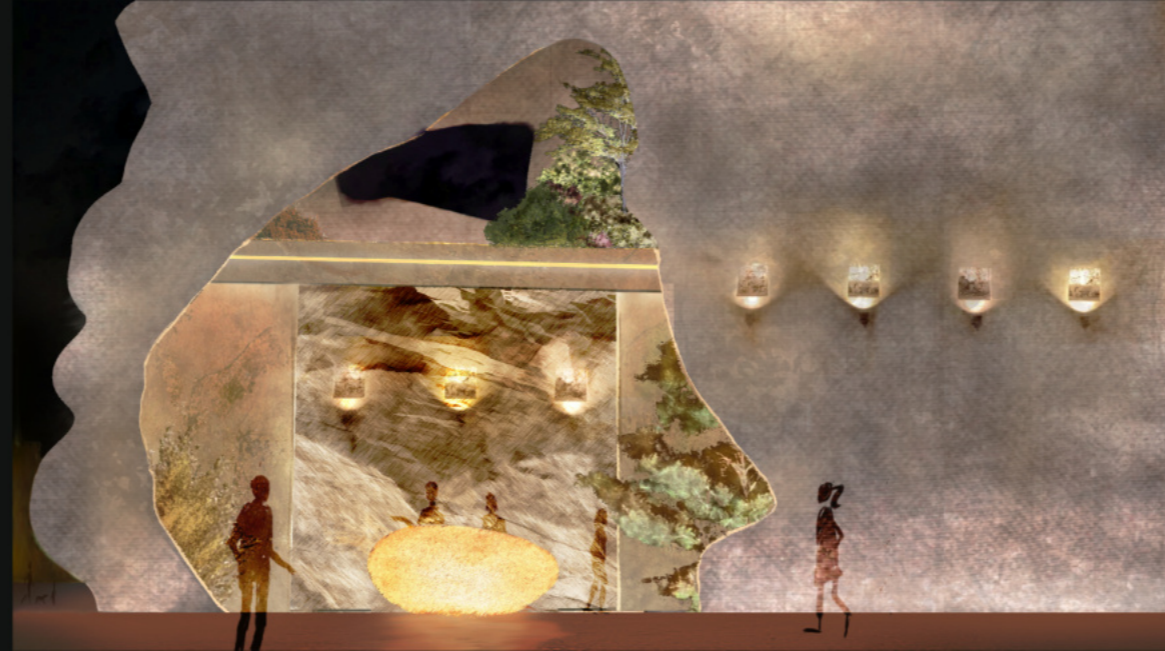
3F Stairway



2F Lounge

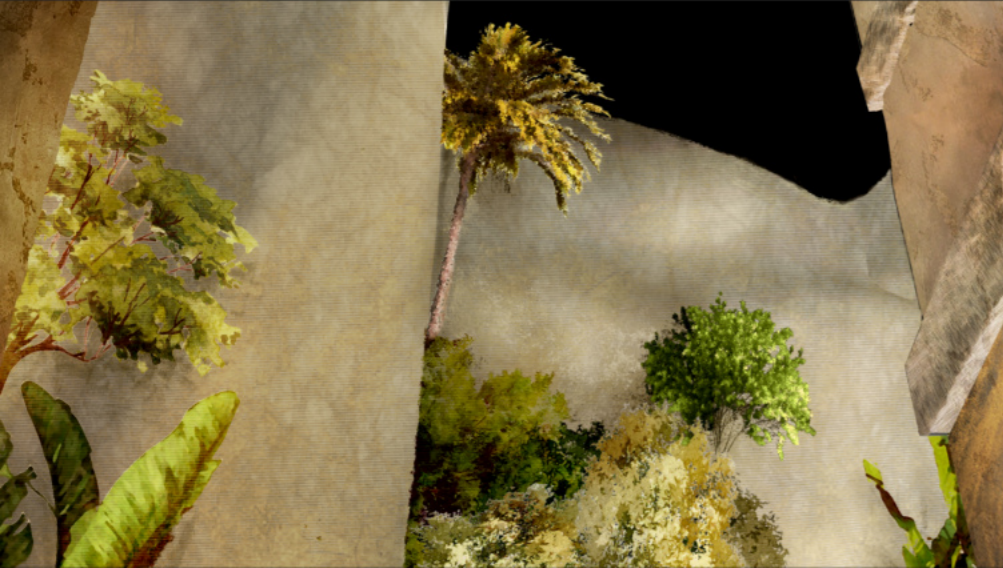


1F Reception



Renderings of Selected Areas
Rhino3D & Photoshop

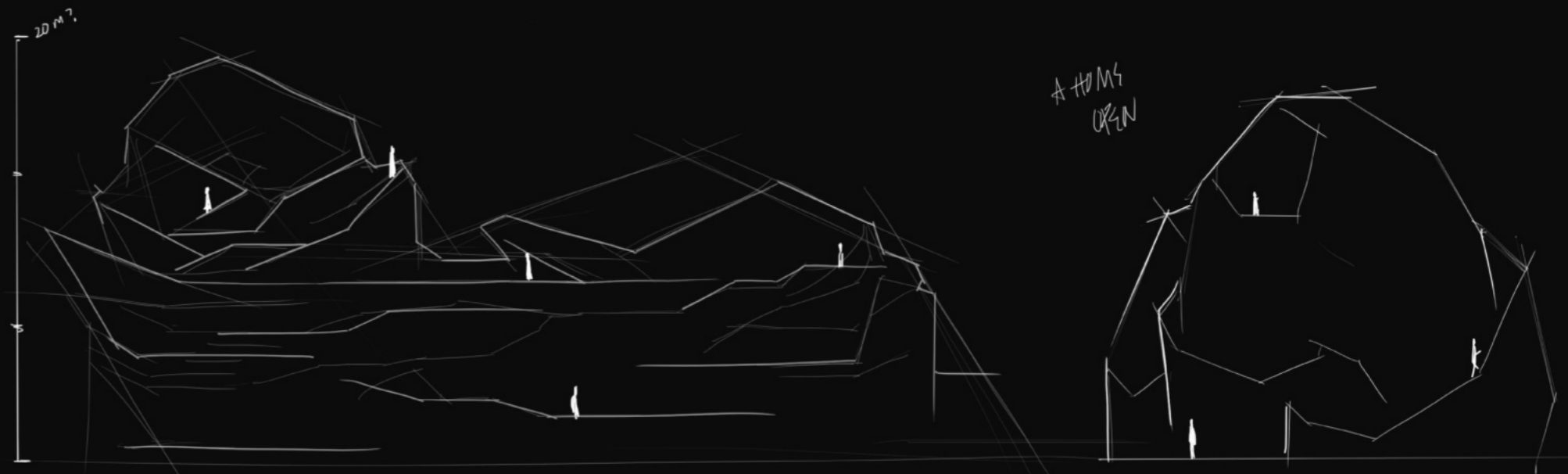
1F Corridor



The interior will grow vegetation like a green house. Nevertheless, having a large surface of glasses with vegetation inside will severely increase bird-building collision.

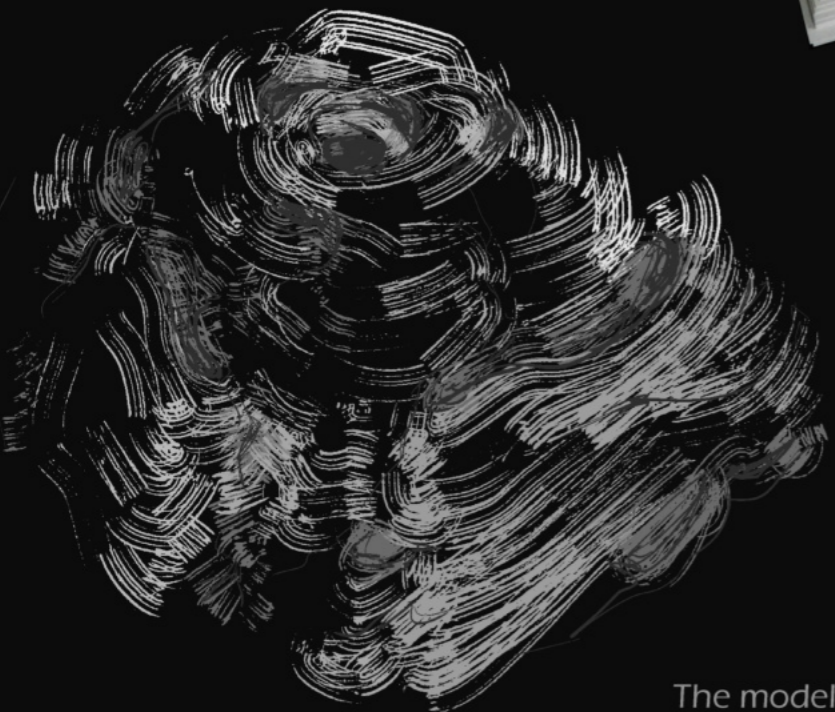


Thus, I turn to **translucent texture** that not only prevents bird-strikes but also renders a cozy atmosphere to sleep in, meanwhile provide sufficient natural light during the day.

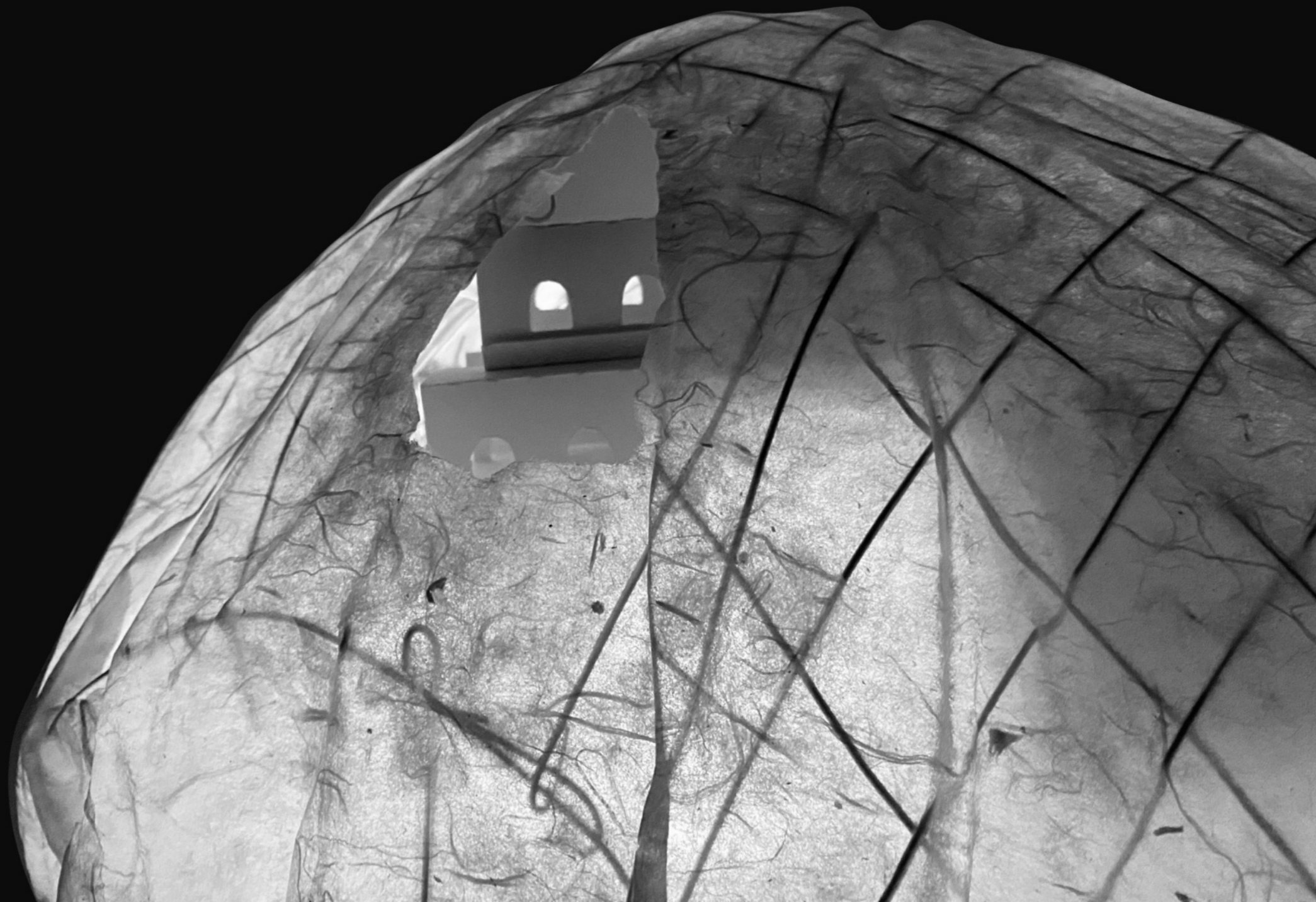


EXTERIOR

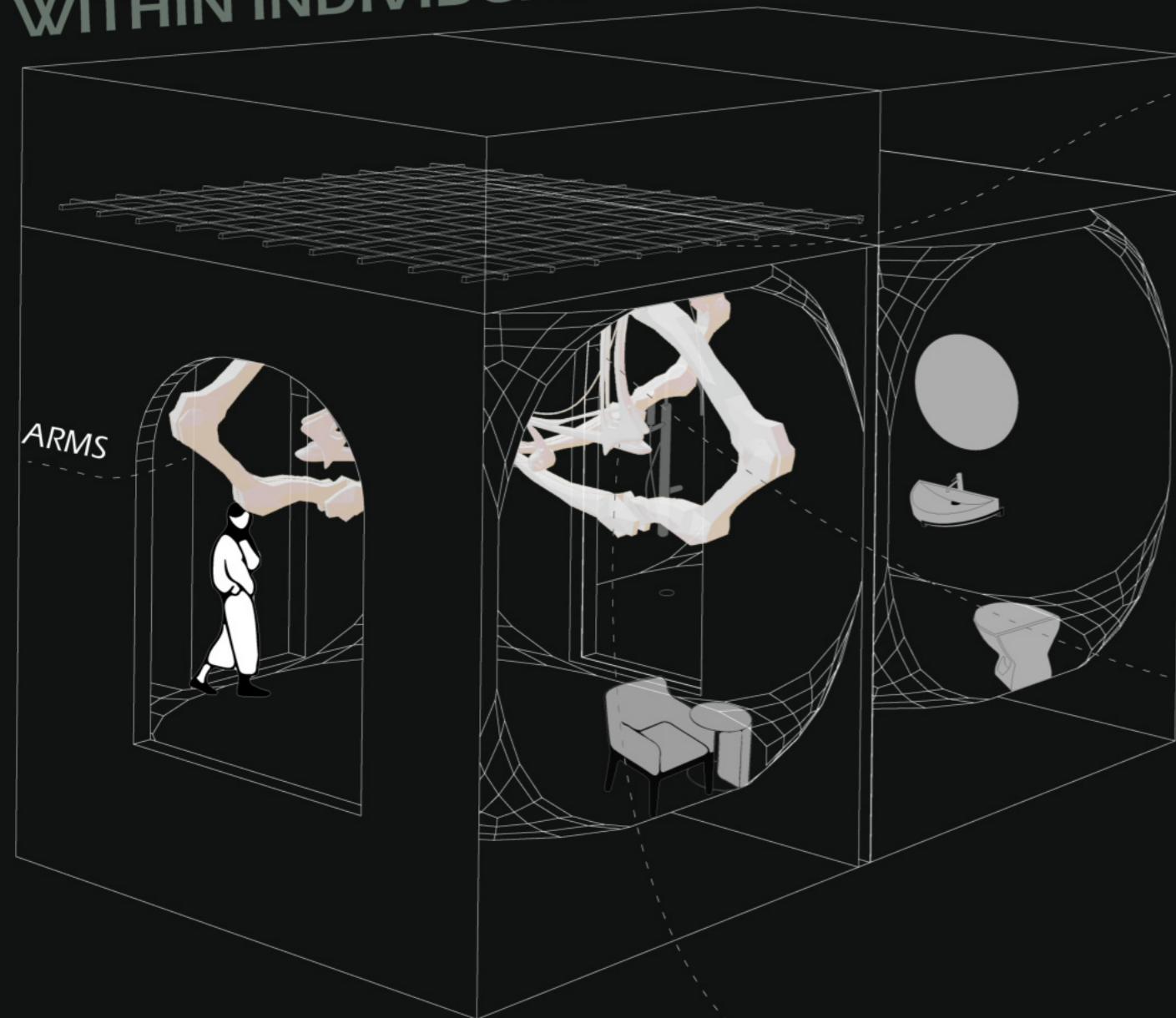
I've seen exquisite ancient handmade lantern so I tried out the traditional method of rice paper paste as the images shown here. The effect was great but the only problem is the durability due to its thinness. Dupont paper's texture is also ideal for the exterior, especially during the night when the building is lit-up inside while remaining sturdy. The simple structure of interior is composed of the same sleeping units. These two features remind me of **wasps**, who are masters of constructing paper nests.



The model is crafted with rice paper. The one featured on the cover image is constructed using Dupont paper.



WITHIN INDIVIDUAL UNIT

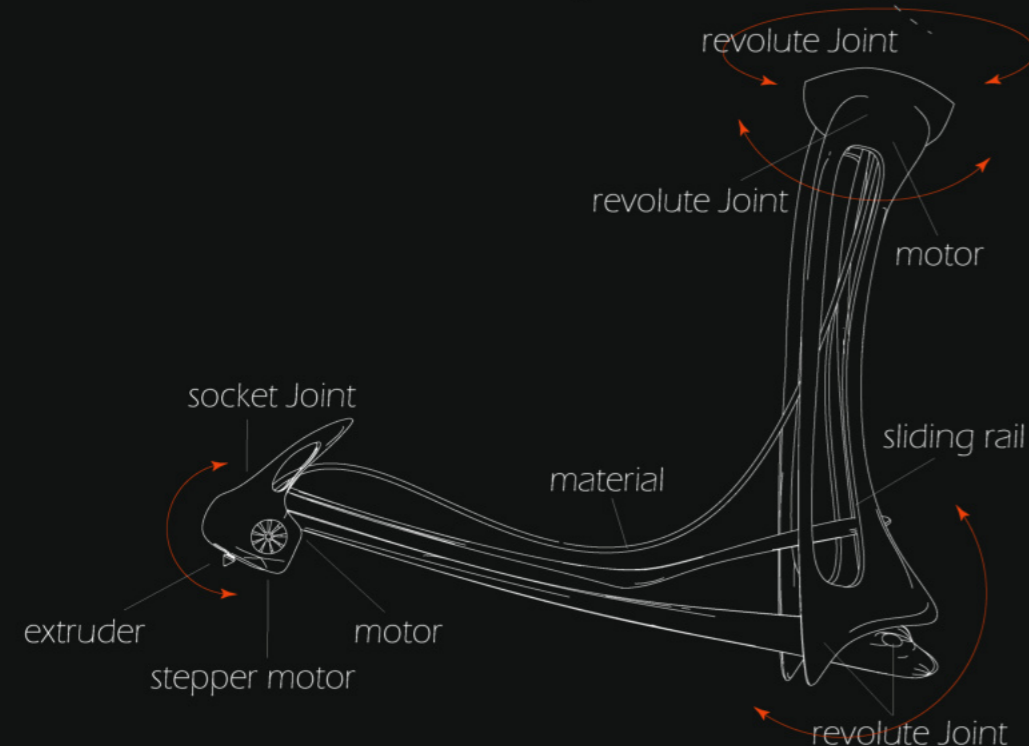
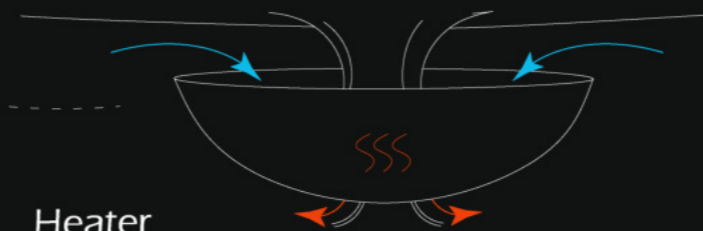


Rack

I use a hidden rack in the ceiling **to withstand heavy weight**. In addition to the weight of a person, the structure should be durable to hold a material container, two printer arms and four supportive arms, each with motors on some movable joints.

Heater

The heater hangs on the ceiling and contains heating coils. It **collects** and **reuse** the material by decreasing the thermoplastic's viscosity and transport it to the printer.



Printer

To minimize the weight on the ceiling and to match the bionic style of the four arms, the printer is composed of **flexible yet resilient** and **hollowed-out** skeleton for support. The printing head is shaped like a hook to collect used threads and recycle them in the heater.

MATERIAL

Thermoplastic stands out as the most suitable material among existing options. Hot melt adhesive is the initial consideration, releasing minimal, rarely toxic fumes, crystallizing quickly at room temperature. While it has a high melting point, around 100 degrees Celsius, it exhibits weldable viscosity at 80 degrees Celsius. It adheres well to support arms upon crystallization and can be reheated and reused several times below 200 degrees Celsius. However, its elasticity is a significant drawback.

Alternative ingredients, such as polyol + diisocyanates + short-chain diols, can solidify and form strings at room temperature, but they release slight amounts of methylene diphenyl diisocyanate vapors when heated. Another option is bio-based propylene succinate, with a melting point just above 45 degrees Celsius, but information about its crystallization speed and reusability is not readily available.

REFERENCE

propylene succinate <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2663674/>

Commercialization of glycol + polysuccinate <https://pubs.acs.org/doi/10.1021/acsomega.9b03663>

TPU's melting point <https://www.matweb.com/search/datasheet.aspx?matguid=1932586b674346e2a9d5cb4c7462dd33&n=1&ckck=1>

Conditioning Psychology <https://www.britannica.com/science/conditioning>

Brain anatomy <https://www.med.harvard.edu/aanlib/home.html>